

# NEWSLETTER |

ISSUE 30  
AUG 2019

## Formosa Garden Village



**It's time for the new edition and with it, we welcome a new resident to our little community. The renovations have been completed to cottage 27 and Jill Waterman has moved in. For those who do not know, Jill's father Philip, used to be a resident at FGV. Look out for a "get to know our new resident" article in the next issue.**

Sally Du Plessis has moved into cottage 3, giving up cottage 23 for re-sponsorship and so has Jenny Stevenson, who moved to cottage 93 from 125. Cottage 125 has been sponsored to Kevin and Patricia Dabinett and renovations will soon commence. Cottages 19, 23, 41 & 77 is currently in the sponsor phase.

Upgrades and renovations are still ongoing at cottages 2 (John & Gillian Evelyn), 11 (Patricia Ross), 17 (Rosemary Teubes), 80 (June Talmage), 116 (Michael & Charl Weavind), and 119 (John & June Matchett). Soon these new residents will settle into their new homes. We wish them a very happy and contented stay in our midst.

To the Frailcare we welcome Nancy Wilkinson and Mary Marais for some TLC from our specialised staff.

# Happy Birthday!

We apologize for any omissions.

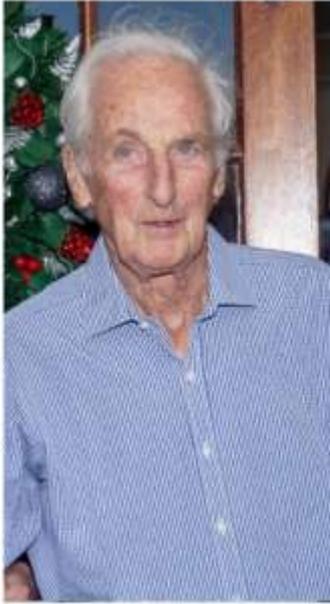
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>August 2019</b>				1	2	3 Charl Weavind Shirley Johnstone
4	5	6 Marina Niven	7	8	9 Jennifer Hickey	10
11	12 Roxana Sayer Hazel Hill	13	14	15	16	17 Eunice Walls Heather Smith
18	19 Lyndsey Wright Don Ribbens Paula McLachlan	20 Nell Meyer	21	22 Jenny Stevenson	23	24
25	26 Theo Jager	27	28 Ray van der Poll	29	30	31 Gillian Marshall

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Geoff Armitage	2	3	4 Brenda Richardson	5 Heather Ribbens Peta van Gass	6 Lynn Connell Gordon Paterson	7
8 Ann Armitage	9	10	11	12	13 Jean Baker	14
15 Joan Deane	16	17	18	19 Joan Moubray Biff Wiener	20 Michael Weavind Gillian Evelyn Wouter de Vos	21 Ruth Gess
22 Bill Harrison	23	24	25	26	27	28
29 Shirley Batterberry	30 Denise Anderson	<b>September 2019</b>				

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>October 2019</b>		1 Barbara Waite	2 Anette Dreyer	3 Ann Swarts Liz Mudd	4 Meri Dodds	5
6	7	8 Michael Clark Ann Clark	9	10	11 Lou van Lieshout	12 Glen Dietrich Dennis Smith
13	14	15	16	17 Joan Chapman	18 Norman Dodd	19
20	21	22	23	24	25 Marie Wagener	26
27 Peter Stratten	28	29 Joan Ayres	30	31		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>November 2019</b>					1 Elle Holmes	2
3 Margie Arnold	4 Norman Gess	5 Jean Wilkinson	6	7	8	9
10	11 John Lamb Elma Bergh	12	13	14	15	16
17	18	19	20 Margaret Brown	21 Justine Odendaal	22 David Atkinson Robert Allen Pat Douglas	23
24 Julie Whitaker	25 Jean Allen Roger Wright Ivan Baker	26 Barbara Byrne	27	28	29 Rene Isemonger	30

# In Loving Memory



Gavin Douglas



Neville Isemonger



Claire Andersen



Flo Schreuder

It is with great sadness that we note the passing of the following residents.

Our sincere condolences to their family and friends.

*“Yesterday is history, Tomorrow is a mystery, Today is a gift ... That’s why they call it the present.”* —



Sheila Brown

In Loving  
Memory  
of  
THOSE WHO ARE  
FOREVER IN OUR  
HEARTS TODAY  
AND ALWAYS



Dr. Denis Carroll

## Friendship Hour

We invite all our residents to a Friendship Hour at 17:30 every last Friday of each month in the Lounge. Come and relax and meet some of the other residents. If other events are scheduled on the day in the lounge, the coffee will be served on the stoep next to the Bowling Green.



## Staff Matters



Many of you have enjoyed the wonderful meals prepared by Maria van der Westhuizen. Maria has been working in our kitchen for over 26 years. The big day has come and Maria has gone on retirement. The

management and staff hosted a small farewell for her on Friday, 28 June 2019 in the Small Dining room.

Speeches were made and tears were shed. Maria recalled her many years working at FGV. She says that she will miss her friends and the residents, but she will be enjoying her well deserved break after such a long and amazing working career.

Francina Johanna Davids, a domestic in the Frailcare, has retired after 26 years of service. We wish both these ladies all the best!



## Gratuity Staff Donations

**If you wish to give a staff member a financial gift or “tip”, we request that you DO NOT** give to individuals as this causes unhappiness between members of staff. Instead place your donation in the locked gratuity box in the foyer. The monies collected is saved and apportioned to our staff in January when they are all in need of funds for school fees, etc. Beneficiaries are our gardeners, drivers, maintenance staff, domestics, laundry and kitchen ladies, carers and domestics in Frailcare who all look forward to receiving this wonderful bonsella.

There are small white envelopes at the reception to assist you in this regard.



## Stop Signs and Speeding

Some residents of FGV are ignoring speed limits and stop signs. This is placing other residents and property at risk. I appeal to all residents to adhere to the speed limits and stop at the stop signs. Failing this, I suggest that speed jumps be installed at all stop signs to ensure drivers slow right down.

From a concerned resident.





## Mandela Day 18 July 2019

This year on Mandela day, the ladies from Woolworths surprised our residents in the Frail care with beautiful flowers.  
Thank you Woolworths for your very kind gesture.

## Music to our ears!

John Craig is a delightful musical talent. He is a wonderful Pianist, with a wide repertoire of easy listening music. His relaxing style is simply 'elegance for the ears'. He visited FGV on Mandela day, he played a wonderful fun selection of music while our residents enjoyed their lunch.  
Thank you John for the enjoyment.



## Special Order from the Kitchen

As most of you know, our kitchen does special orders like cakes, savoury snacks and sandwiches. These orders can only be placed with Sandra or Gerda between Monday and Friday. The kitchen staff are not permitted to accept any orders. No new orders can be accepted over weekends. Thank you.

## Special Voting at FGV

On the 6th of May 2019, the IEC held the special voting day hosted At Formosa Garden

Village. Many of the residents too frail to go to the normal voting polls, took the opportunity to cast their votes. One such person is Mrs. Mary Marais. Not only has she been a resident at Formosa Garden Village for over 17 years, she is also the eldest person to cast their vote at FGV at only 98 years young.



## Giggle a moment



With the ongoing phone scammers going

around, I received a wonderful tip from a member about how to deal with these unwelcome phone calls:

I am not a resident (I am on the waiting list). Just a little snippet. I keep an old police whistle next to my phone and when I get one of those phone calls saying ..... **“ helooo I am just phoning you about your Windows” or “I am phoning you from the fraud department at your bank because your account is being hacked right now and you need to .....**” I grab my whistle and I blow it into the phone as hard as I can.

Regards, Carol Humphrey

## Future Newsletters & Stories

Do you have an interesting story to share? Did we omit your birthday or a special occasion? Then we would like to hear about it.

Pass on your story or idea to Sandra for the next Newsletter.



# Your safety is our highest concern



During the month of June, the Frailcare did two fire drills to prepare and train staff in case of an emergency. The more familiar staff and residents are with fire drill procedures, the higher the chance that staff and residents remain safe and well during an emergency. Regular fire drills will help to underpin the correct procedures, removing panic and uncertainty for all concerned.

As we did not want to inconvenience our Frailcare residents, but wanted our staff to experience a real situation with residents, we got a few of our cottage residents to act as some of our Frailcare patients. They were all instructed on how they had to act and I have to say, we have some real live actors living at FGV.

Thank you to everyone who participated in making these training drills a success.

## Bitou Mobile Clinic



Once a month the Mobile Clinic visits FGV, where one can pop in to visit with medical staff from the clinic. They assist with check ups, blood pressure, blood test and deliver medication orders directly from the clinic.

This is such a wonderful initiative that saves the staff and residents from sitting all day at the clinic waiting to see someone related to long term medical care or just a visit.



Let us know if you would like to see them the next time they pop in for a visit.



## Thrift Shop

Thank you to everyone who donates their unwanted goods to our little Thrift Shop. The money generated from these sales, are used to purchase a number of items which are not budgeted for. I often donate some of the items to Hospice, Paws and most recently I donated 2 old typewriters to a local school.

Dear Sandra and residents of FGV

We ( and by we I mean all the children of Plett Pre Primary) want to thank you for the typewriters! It is the best thing ever!!!!!!

Over a thousand letters have been typed since we received this amazing gift!

Thank you once again. Plett Pre Primary

Several carpets and old building material was donated to various charities and pre-schools. With the admin upgrade, we donated old stationary items such as files and folders to needed areas in the community.

One of the staff brought to my attention the very tragic story of Michael Windvogel who's house burned down on the 15th July. He and his 4 kids lost everything in the fire. FGV donated some clothing, shoes and blankets from the Thrift shop.

**"My naam is Michael Windvogel en namens myself en my vier kinders, wil ek net 'n baie groot dankie sê aan Formosa Garden Village en sy inwoners. My huis het op die 15/07/19 afgebrand en my met niks gelaat nie. Danksy Formosa Garden Village se donasie van klere en warm beddegoed het ons ten minste klere en iets warm om onder te slaap. Baie dankie, Michael Windvogel"**



## FGV Emergency Policy

The sister on duty will respond to a medical emergency, if reported, but may not transport or medicate a resident in need of medical attention which is more than first aid.

Upon arrival the sister will assess and stabilize the person, do basic first aid and refer to a hospital via ambulance according to their Medical Aid cover. It was noted that the above policy is in line with other retirement villages to prevent negligence litigation.



## Riley Wing Charges

Please remember that should staff from the Riley Wing be called out to your cottage for Bed/Bath assistance, bed making, blood pressure or any other visit that you require from them, there will be a charge applicable. Should you wish to confirm these charges, please contact the office or the Riley Wing.



## Riley Wing morning check up calls



Please give the sister in the Riley Wing a call to let them know that you will not be home when they do their morning roll calls. This will just save a lot of time as they need to look for you if you are not answering your phone.

## Removal of items from cottages

We earnestly request that no pot plants, shrubs, garden ornaments or light bulbs be removed from any cottage -vacant or occupied - without the permission of Management or the resident living there. Your assistance in this matter will be appreciated.



## Lost and Found



This beautiful pair of prescription sunglasses was picked up near cottage 5 and handed in at reception. If it belongs to you, please collect it from Lizette.

In the case of an Emergency  
Emergency Number  
\*\*2102



Did you know that the inter-com phones can be used in times of emergency to call the Frail Care Staff? All that is required is to knock the phone off its cradle which will give off a signal in Riley Wing alerting the Sister to your need for assistance.

IN CASE OF AN EXTREME MEDICAL EMERGENCY OR A LIFE-THREATENING SITUATION, you may dial \*\*2102 from your internal phone for assistance. All other calls to the Riley Wing should continue to be done in the normal manner. Calls made to the emergency number that are NOT emergencies will invoke the payment of a fine.

## Going away on Holiday?

PLEASE fill in a Going Away form at reception when you go on holiday, even if it's only for 1 night. Supply all the information requested on the form. Missing information will cause confusion with Riley Wing's morning checks as well as Domestic and Gardener schedules.

Close all windows and lock your doors. Please do not leave doors unlocked even if you are only going to town for an hour or so. Remember if you have set meal bookings, please cancel it with the office or you might get charged.



## Laundry Protocol

Due to the requirements laid out by Social Development, it is necessary to ensure that all laundry received from residents is not soiled <sup>Ⓜ</sup> so as to avoid cross contamination, which can lead to dangerous and costly infections within the village. All soiled clothing items, should firstly be rinsed at your cottage before it can be considered safe to be washed at our laundry. These items should then separately be sent in a sealed plastic with clear indication that this is a soiled item that was rinsed.



<sup>Ⓜ</sup> Soiled - Any linen which has minimal spotting of visible blood, faeces or any other body fluids on it.

## Spreading a bit of gratitude

*Gerda, Dee and I wish to express our thanks to all staff with whom we have been in contact since we moved in. Their helpfulness efficiency and pleasantness in all ways is much appreciated. Special thanks to George Denver and Eric for their patience. Tom and Dee Minikin*

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***Thank you for your thoughtfulness in sending your Father's Day greetings and for the CD.***

*I try and pretend as it is Youth Day this is the day that applies to me.*

*In appreciation*

*Bill Harrison*

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*Dear Gerda and Lizette and other members of staff,*

*I know this is a very late thank you for the lovely gift that you gave Godfrey on Fa-*

***ther's Day.*** *The C.D. was a brilliant idea. Congratulations to whoever thought of*

*it. To travel back down memory lane with all those beautiful songs and to be reminded of the happy days of our youth was a great joy. Thank you. As much as I disliked Frank Sinatra, the person, he had a great voice and no-one can sing "My Way" the way he did. They just don't write music like that anymore.*

*Thank you for caring for us so lovingly. **We're blessed to be living here at Formosa Garden Village.***

*With thanks and gratitude. Godfrey and Jackie*

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*Beste Gerda,*

*Die CD werk pragtig op die CD player van ons voertuig. – Baie dankie vir die Vadersdag geskenk. – Vriendelike groete, Georg (Cottage 91)*



## For your Information

Sandra van Zyl - Maintenance Department: Ext 103

- *Account queries*
- *Maintenance* - **Only jobs issued with a "job number"** will be tended to.
- *Gardener schedules* - Garden Schedules are set and cannot be changed or amended.
- *Kitchen orders* - no orders to be given to the Kitchen staff directly. Only orders received on a order form from Sandra will be accepted by the kitchen.



## The Current FGV Cottage Policy states:

**FGV's Responsibility** - External maintenance and upkeep of cottages. These include:

- The painting, waterproofing and varnishing thereof
- Cottage doors, window frames, windows, gutters, external door locks and structural defects
- Water, Sewerage, geyser and legal electricity connection up to and including the outlets
- Bulbs for internal and external fixed light fittings only
- Weed spraying restricted to the common roads / paved areas and communal gardens.

**Resident's Responsibility** - Internal maintenance and upkeep of a cottage, while being occupied by the resident.

These include:

- General maintenance of the inside of cottages which includes varnishing and painting of the cottages.
- Normal wear and tear items – cottage keys, cupboards, handles, toilet seats, carpets, tiles, shower doors, garage motors, remotes, sink and basin plugs in the cottage. Weed spray of the cottage garden and surrounding paving area.
- Breakages caused by the resident.



Our Maintenance team can assist with minor repairs inside cottages if reported to the office, but only when their busy schedule allows them. Charges for the residents account may be applicable and will be discussed prior to any internal repair work.

All maintenance requests will be investigated and handled accordingly.

*Lizette Mills - Receptionist: Ext 100*

- Account payments - we accept credit card and cash payments
- Can assist you with faxing, emailing and copies.  
Your account will be charged accordingly.
- Guestroom bookings
- Domestic schedules



## Maintenance Job cards

Please refrain from giving instructions to staff directly. It is very important that you work through the department head. Staff are only allowed to take instructions from the office and a job card has to be opened for all maintenance work that has to be done. Should you need maintenance work done or just a hand to do some heavy lifting, please contact the office to arrange this.



## FGV Transport and Drivers

- ◆ FGV Bus transportation runs every week day from 9.30 a.m. *Monday, Wednesday and Friday* drop off and pick up point is Melville Corner in town. On *Tuesdays and Thursdays* drop off and pick up point is The Market Square (Pick & Pay). We **can't deviate** from these routes.
- Private Drivers **on request**, using the resident's own vehicle. We however refer to the FGV Vehicle Policy.



Formosa Garden Village is a Non Profit Public Benefit Organisation and therefore we need to adhere to the National Road Traffic act 93 of 1996. **All vehicles on FGV's premises or entering the village, must be registered and the driver must be in possession of a legal drivers licence.**

Please check your licence on your car.

- ◆ FGV Car & Driver on request for Drs visits only.

Please note that FGV drivers are restricted to transporting only in Plettenberg Bay & Knysna. An hourly rate is applicable and your account will be charged accordingly.

**Please book drivers through Sandra's office.**

## Annual General Meeting

We invite residents to attend the 41st Annual General Meeting scheduled for Monday the 29th July 2019 at 15:00 and hosted in the FGV lounge.



## Monthly Cottage Electrical Consumption Increase

Bitou Municipality informed FGV that they have increased the cost of an electrical consumption unit to .86 cents, vat inclusive, effective 1 July 2019.



## Events Calendar at FGV

Formosa offers a variety of entertainment during the month for our residents and members.

- Library : Open all day, every day for your enjoyment.
- U3A: Mondays and Wednesdays at 10h00 (Lounge)
- U3A Film Club: Last Monday of the month at 19h00 (Lounge)  
Contact: Henry Timme - 044 535 9041
- Bridge: Mondays at 13h45 (Dining Room)  
Contact: Jean Korck - 044 533 0340
- Digitone (Hearing aids): Every 2nd Tuesday at 09h00 (Riley Wing)  
Contact: Stephen - 079 337 0839
- Fellowship: Tuesdays at 10h00 (Lounge)  
Contact: Lisa Ritchie - 044 533 3032
- Fun and Fitness: Thursday at 10h00 (Lounge)  
Contact: Marlaine Coetzee - 044 533 1889
- Bingo: Every 2nd Tuesday at 18h30 (Dining Room)  
Contact: Jenny Stevenson - Cottage 93 (4093)
- FGV Movie: Every 2nd Wednesday at 14h30 (Lounge)  
Contact: Lizette at Reception
- Make & Bake: Fridays at 08h30 to 09h30 (Lounge / Foyer)  
Contact: Penny Denman - Cottage 85 (4085)
- Music Appreciation: 3rd Friday of the month at 15h30 (Lounge)  
Contact: Pamela de vos Bonthuys- Cottage 54
- Anglican Church Service: Every 2nd Friday at 09h30(Lounge)  
Contact: Lynn Connell - Cottage 114 (4114)  
Rev. Erik Andersen
- Mah Jong : Fridays at 13h30 (Small Dining Room)  
Contact: Mrs. Lyndsey Wright - Cottage 96 (4096)
- Rotary Anns: Every 3rd Monday of month ( Check to confirm)  
Contact: Jill Haysom—Cottage 113 (4113)
- Happy Hour: Every last Friday of each month at 17h30 (Lounge)  
Contact: Jeanette Mitchell - Cottage 128 (4128)
- Croquet: Fridays at 15h30 on the Greens  
Contact: Di Faragher-Thomas—Cottage 110 (4110)

**Croquet is an ideal way to spend a summer's afternoon and provides gentle exercise without being too strenuous.** It involves a combination of mental and physical skills. Why not join in for a fun afternoon game.