



## Fall leaves fall

Fall, leaves, fall; die, flowers, away;  
Lengthen night and shorten day;  
Every leaf speaks bliss to me  
Fluttering from the autumn tree.

I shall smile when wreaths of snow  
Blossom where the rose should grow;  
I shall sing when night's decay  
Ushers in a drearier day.

*By Emily Bronte*

# VILLAGE NEWS

March 2018—Issue 26



Dear residents and readers

I cannot believe that we are already in the 3rd month of 2018. This year has surely flown by and so much has happened since the last newsletter. We have seen some residents leave us, but we have also welcomed a few new faces to our village.

The upgrades at cottage 117, 99, 50 and 9 have been completed and the new occupants **have moved. See the article on page 4 and 5 "Welcome to our new residents" and get to know** who they are.

To the Frailcare, we welcome new residents, Dr. Peter Bunton, Barbara Waite and Irene Arnold. Barry Stroebel has opted to give up his cottage and has moved into the Frailcare. He now occupies room 2.

Brian and Jennifer Hickey recently moved out of the Village. They have now settled at Pembury. I saw Mrs. Hickey just the other day while out walking her dog and she said that she and Mr. Hickey were as happy as can be.

Cottages 45, 94 and 115 have been sponsored and the upgrades have commenced, so please be aware that there will be building staff on the premises.

New upgrades will soon start at cottages 11, 54 & 97 and 40 once the sponsoring process has been completed.

We are currently looking at upgrading the signage for the cottage numbers on the road.

**The streetlight project is nearing it's end and our village is looking super fabulous with these beautiful light features.**

99th Birthday Celebrations are in order

On 18 January 2018 Frances Porlock celebrated her 99<sup>th</sup> milestone birthday. Back in 2011, she became a resident of Formosa Garden village when she sponsored cottage 20.

She moved into the Frailcare about 3 years ago where she now occupies room 5 in the Riley Wing.

On her birthday, the Frailcare staff spoiled her with a big breakfast, flowers and 3 turns of happy birthday serenades. She welcomed it with a big smile.



Congratulations on the special **BIG** birthday Mrs. Porlock. May you be blessed with a wonderful year.

Happy Birthday

Happy wishes goes out to all our residents who will be celebrating birthdays during the next 4 months. If I have omitted your name, please just contact my office to rectify the situation.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>March 2018</b>				1 Sally Taylor	2 Dr. Peter Bunton	3 Judith Gomes
4 Elizabeth Rixom	5	6 John McCallum Hugh Stacey	7 Mary Randon Neil Andrew Pamela Rodwell	8	9	10
11	12 Godfrey Bass	13	14 Rev. Erik Andersen	15	16	17 Ailsa Mann
18 Betty Sleigh	19	20	21 Edith Hartnell	22 Beryl Holliday Frances Cope	23	24 Rosemary Davies Heather Karis
25 Nan de Jager Rhona Peard	26	27	28	29	30 Neville Isemonger	31
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Naomi Stander	3 Dr. Penny Kerr	4	5	6 Rosemary Mudd	7
8	9	10 Denis Carroll	11	12 Wendy Jones Jeanette Macnair	13 George vd Bussche Rob Hutchinson	14
15 Pam Wakefield	16	17 Cyril Baumgartner	18 Liz Grobler	19	20	21
22	23	24 Wendy Jager	25 Bosh Karis	26	27	28 Shelagh Broderick
29 Daphne Simkins Joan Woodley	30 Diana Hart	<b>April 2018</b>				

*"It is not true that people stop pursuing dreams because they grow old, they grow old because they stop pursuing their dreams" — Gabriel García Márquez*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>May 2018</b>		1 Jane Mullin Chrystal Paterson	2	3	4	5 Bonnie Badenhorst
6 Elizabeth Webster	7	8	9 Don Ayres	10	11 Jeanette Mitchell Margaret Strahlendorf	12
13	14 Patricia Rowe Joyce Biller Derek Ritson	15	16	17	18	19
20	21	22 Elizabeth Starling Val Braby	23	24 Barbara Crews Di Faragher-Thomas	25	26
27	28	29	30	31		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>June 2018</b>					1 Brenda Rink	2
3 Dorothy Pye	4 Jill Haysom Ursula Millerd	5	6	7	8	9
10	11 Peter Milburn-Pyle	12 Fred Brodenick	13 Hector McIvor	14 Colleen Kemp	15	16 Irene Arnold
14	18	19	20	21	22	23
24	25 Viv Ritson	26	27 Ursula Godorr	28	29	30

### In Memoriam

It is with great sadness that we note the passing of the following residents. Our sincere condolences to their family and friends.



Kenneth Dickin



Nancy Wood



Dr. Klaus Lange



Virginia Wilson

### Future Newsletters

Do you have an interesting story to share? Then we would like to hear about it. I'm inviting residents to submit interesting stories or suggest a story that I can add to future newsletters. Drop off your story or email for Sandra's attention to fgvacc@gmail.com.



# Welcome to our new residents

## Graham Jamieson to cottage 9



Graham and his wife, Carol lived for 34 years in East London. In 2008, they took the big step to move to Plettenberg Bay—where they had only vacationed twice before—and **took up residency in their son's vacation house on Whale Rock ridge.**

They decided that it was better to have their own home and started the search for their own dream home. Graham, an engineer by trade, carried on working as a consulting engineer but most of his clients were from East London.

They have 3 children, 2 girls who live in Gauteng - both married with children and a son who lives in London who is a maritime lawyer. They have 3 grandsons.

It was always a dream of theirs to move into FGV one day and they put their names on the waiting **list awaiting their turn. Sadly Carol passed away 2 years ago, but when Grahams' name came up on the list, he did not hesitate.** His children are all very happy with his move.

## Mike & Anne Clarke to cottage 117

As an English teacher, Mike taught in the former Rhodesia and then at St Stithians College in Johannesburg. When Mike retired after 45 years, the Clarkes came to settle in Knysna where they found themselves a home in Knysna Heights. Anne continued to practise as a Psychometrist, and Mike **assisted at Keith Cretchley's Knysna Sports School for a few years. He has been a volunteer at Knysna Hospice shop until recently and also for the EPAP Children's' Feeding Scheme.**

The Clarkes are keen birders and they enjoyed membership of the Lakes Bird Club, the Historical Society and Knysna U3A. Anne belongs to the Knysna Arts and Craft Society and she continues to paint in oil and watercolour, and she has exhibited and sold work in Knysna, Johannesburg, and St Francis Bay.

Sadly during the devastating fires of June 2017, their home and beautiful indigenous garden was destroyed. They found a temporary flat to live in on Leisure Island, but fortunately they had their names down at Formosa Garden Village and they were very relieved when they were offered a cottage to sponsor.



## Elenore Holmes to cottage 99



I was born in Windhoek, Namibia where I spent a very happy childhood with my parents and sister, Jess. I met my husband Geoff at UCT. He was a great sportsman and played rugby for WP, in fact he loved all sport and one of the reasons we bought a holiday home here was the lovely golf course and good fishing. We both had a love for the bush and spent many happy holidays in remote places and countries.

We spent most of our married life in Johannesburg where Geoff practiced as a Civil Engineer. When he retired at a young age, we bought a beautiful stock farm at Uplands where we lived happily until we moved to town.

I have 3 married daughters and 6 grandchildren who have been very supportive of me since Geoff died.

*...continue on page 5*

I am a keen bridge player and you can imagine my delight when I was offered a cottage amongst all my bridge playing friends. My move has been made very easy as I know many of the people living here. They and the staff have welcomed me and my dog Lady so warmly and made me feel so at home.

### Gavin and Pat Douglas to cottage 50

Gavin Douglas hails from Scotland , a fisherman of note!!

After school he went to St. Andrews University in St Andrews where he spent many happy hours smoking his pipe and playing golf on the Old Course. Despite that, he obtained his degree, then on to Dundee for general surgery. Oxford was next where he obtained his Ophthalmic degree and carried on his work there. Gavin married a South African, although, Ferelyth Wright was born in Scotland. They discovered they had been at the same nursery school. They started their family, two boys, before leaving for South Africa. The boys and their wives have given Gavin 7 grandchildren. Gavin practiced in Johannesburg before retiring to Plettenberg Bay. Gavin became a tennis player as golf took up too much time, much to his disappointment.



Pat (Barford) was born in England and came to South Africa during the war. Her Father was transferred to the ammunition factory in Kimberly. The factory used to be the mint factory.

After the war, it was decided that the family would stay in S.A. and they settled in Durban. Pat finished her schooling and went on to a secretarial college. She worked for an American shipping line till she married Bill Shorten. Bill was an accountant and the travels began. They had three children. The first was born in Cape Town, second in Durban and the third in Salisbury Rhodesia, as it was then. The three children and their partners have given her 8 grandchildren and two GREAT grandchildren.

Pat enjoys her tennis, hand work and charity work. Both Gavin and Pat were widowed and have been married to each other for 23 years.

### Barbara Waite to Price Jones 41

Barbara Waite first came to Plett on honeymoon with her husband, Johnny Waite, springbok wicket-keeper / batsman who passed in June 2011.

Now settled into the Price Jones wing, Barbs loves the friendly caring staff at Formosa and of course being so close to her daughter who resides in Plett and her son who lives in Port Elizabeth.

Barbs spent most of her working life in Johannesburg as a trained nursing sister in the Paediatric Intensive Care Unit and later the Renal Dialysis Unit at the Jo'burg Gen.



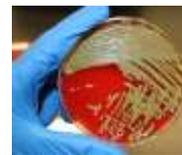
A former political activist, Barbs was also one of the earliest members of the Black Sash and spent many years working in community outreach programs in Soweto providing care and support to displaced families, when she was not on duty at the hospital.

Barbs is the very proud grandmother of two grandchildren; one in her third year of university in Johannesburg and the other starting his first year of school in PE!

For Barbs, being back in Plett where she and Johnny started their life together, is proving to be restorative and healing.

## Listeriosis scare

Our suppliers does not stock any of the affected products and they have all provided us **with the appropriate clearance certificate as per the Department of Health's requirements**. As an extra safety precaution, we have withdrawn cold meats from the preparation of sandwiches.



Formosa Garden Village will continue to employ the highest standards of food safety procedures in the preparation of our food served from our kitchen. Should you require any further information, please contact Gerda.

## Staff Training:

As the safety and care of our residents is our first priority, training of our staff is essential. A number of our staff recently completed a First aid course as well as a Safety Representative and Fire Level 1 Training course, both hosted by SafeTech Medical and Safety Training Specialist.



*First Aid:* Ricardo Julies (Driver), Caroline Marais and Mart-Marie Herbst (Kitchen)  
*Safety Representative and Fire Level 1:* Lugene Hendricks and Matron Deryn Riley (Riley Wing) Congratulations to one and all.

## Staff issues:



We have seen some staff leave and also welcomed new staff to the team. After many years of service, Hanlie Grobler has left the position as Matron as she pursues a new career venture. We want to take the opportunity to thank her for her many years of caring service. We wish her the very best in all her endeavours.



In other departments, we welcome, Brandon Ruiters to our gardening team, Charnique Meswatie to the kitchen team and Luzanne Andrews to the Laundry team.

## Meet our new Matron

Matron Deryn Riley joined us as from the 1st of February 2018.

She was born and raised in Kimberley and completed her studies at Groote Schuur Hospital in Cape Town. She moved to the Plett area (Tsitsikamma National park) in 1992 from Cape Town where she took on a position at the town clinic where she worked for the next 4 years. During 1996, Deryn got married and in 1997, her husband, Andre, went to study in Germany. Deryn took the opportunity to go to England where she worked in a big private hospital for the next year. The same hospital that is quite famous for Royal babies—**St Mary's Hospital in Paddington**.



They were back home in 1998 and she took up a position as Community Development co-ordination for a Non profit organisation in Tsitsikamma and Langkloof. Here she worked for the next 8 years. In 2000 and 2002, Deryn welcomed 2 beautiful sons into the world. They currently attend Oakhill School in Knysna.

In 2006 she ventured back into the clinic environment, where she was part of a **team that set up Plett's first HIV/Aids clinic**. She continued working in the provincial clinics until she came to join the FGV family. Wishing you every happiness in your new surroundings and at Formosa Garden Village.



### **Valentine's Lunch 14 February 2018**

FGV staff hosted a very successful Valentine's day lunch in the dining room.

All the residents who were in attendance, commented about how much fun they had. We surprised the diners with a lucky draw, but the biggest surprise of the afternoon was that everyone walked away a winner.

We would like to thank all the sponsors who donated prizes toward the lucky draw.

**They are, Melissa's, Plett Medicine Depot, Penny Denman, Robberg Pharmacy, Clare's Cakes, Mugg and Bean, Exclusive Hair, Omega Pharmacy, Nineteen 89, Masons, Bucu, Red Shed Nursery, Lookout Deck, Mala van Huyssteen, Park Avenue Stationeries, Uitsig and Spar.**

We also thank Checkers for the unexpected surprise delivery of cake and flowers and to the gentleman from Warwick Financial Maturity for the beautiful heart shaped chocolates in honour of this day.



Our wonderful kitchen staff who prepared an amazing meal for this special occasion.



## Emergency Number \*\*2102



In case of an emergency at your cottage, knock the internal phone off its cradle. The Riley Wing phone will ring and will alert the Sister to your need for assistance. Should there be no answer, the sisters will investigate. She will then arrange for an ambulance for transfer to the hospital should it be required.

IN CASE OF AN EXTREME MEDICAL EMERGENCY OR A LIFE-THREATENING SITUATION, you may dial \*\*2102 from your internal phone for assistance.

### PANIC BUTTONS

A panic button can be ordered through the main office. The once off cost is R215.00 and will be charged to your account. This panic button should be carried by you at all times and will provide the same service as knocking off the internal phone handset. It is very important that you test the panic button at least once a month. Should you require a new battery, one can be purchased from the office at R30.00 a battery or you can buy one at any retail store.



## FGV Emergency Policy

**In the event of a medical emergency at your home or your neighbours' home, the Frail Care** should be contacted immediately. Do not attempt to move the patient. The Frail Care sister on duty will respond to a medical emergency, if reported, but may not transport or medicate a resident in need of medical attention which is more than first aid. Upon arrival the sister will assess and stabilize the person, do basic first aid, and refer the resident to a hospital via ambulance. The above policy is in line with the Older Persons Act and other retirement villages to prevent negligence litigation.



## Riley Wing Charges

Please remember that should someone from the Riley Wing be called out to your cottage for Bed/Bath assistance, bed making, blood pressure or any other visit that you require from them, there will be a charge applicable. Should you wish to confirm these charges, please contact the office or the Riley Wing.



## Laundry Protocol

Please ensure that all laundry is clearly marked and that you have completed a laundry slip with what you are sending. Please contact #108 should anything be missing when they deliver the clean laundry.



Due to the requirements laid out by Social Development, it is necessary to ensure that all laundry received from residents is not soiled [☒](#) as to avoid cross contamination, which can lead to dangerous and costly infections within the village. All soiled clothing items, should firstly be rinsed at your cottage before it can be considered safe to be washed at our laundry. These items should then be separately sent in a sealed plastic with clear indication that this is a soiled item that was rinsed.

[☒ Soiled](#) - Any linen which has minimal spotting of visible blood, faeces or any other body fluids on it.

## For Your Information

- ◆ Sandra van Zyl - Maintenance Department: Ext 103
- *Account queries*
- *Maintenance* - Please do not instruct the maintenance staff directly as all maintenance queries need to be issued with a job number and this can only be done by Sandra. Only jobs issued with a **“job number”** will be tended too.
- *Gardener schedules* - Garden Schedules are set and cannot be changed or amended.
- *Kitchen orders* - no orders to be given to the Kitchen staff directly. Only orders received on a order form from Sandra will be accepted by the kitchen.



## The current FGV cottage maintenance policy states:

**FGV's Responsibility** - External maintenance and upkeep of cottages. These include:

- The painting, waterproofing and varnishing of the external walls
- Cottage doors, window frames, windows, gutters, external door locks and structural defects
- Water, Sewerage, geyser and legal electricity connection up to and including the outlets
- Bulbs for internal and external fixed light fittings only
- Weed spraying restricted to the common roads / paved areas and communal gardens.

**Resident's Responsibility** - Internal maintenance and upkeep of a cottage, while being occupied by the resident.

These include:

- General maintenance of the interior of cottages which includes varnishing and painting.
- Normal wear and tear items – cottage keys, cupboards, handles, toilet seats, carpets, tiles, shower doors, garage motors, remotes, sink and basin plugs within the cottage. Weed spray of the cottage garden and surrounding paving area.
- Breakages caused by the resident.



Our Maintenance team can assist with minor repairs inside cottages if reported to the office, but only when their busy schedule allows them. Charges for the residents account may be applicable and will be discussed prior to any internal repair work.

All maintenance requests will be investigated and handled accordingly.

## Cybercriminals are out there

Cybercriminals are up to their old tricks again. We have received several reports that residents have received calls from “Microsoft” and “Telkom” to offer help in solving their computer/internet problems or sell them a software licence. Once they do this, your computer and all your personal information is vulnerable.



**Don't trust unsolicited calls. Don't provide any personal information over the phone or computers.**

## For Your Information

### FGV Transport & Drivers

- ◆ FGV Bus transportation runs every week day from 9.30 a.m. *Monday, Wednesday and Friday* drop off and pick up point is Melville Corner in town. On *Tuesdays and Thursdays* drop off and pick up point is The Market Square (Pick & Pay). We *cannot deviate* from these routes.
- ◆ **Private Drivers on request , using the resident's own vehicle.**
- ◆ FGV Car & Driver on request for Drs visits only.

Please note that FGV drivers are restricted to transporting only in Plettenberg Bay & Knysna. An hourly rate is applicable and your account will be charged accordingly. Please book drivers through **Sandra's office**.

### Private vehicles

Formosa Garden Village is a Non Profit Public Benefit Organisation and therefore we need to adhere to the National Road Traffic act 93 of 1996.



\*All vehicles driving on FGV's premises or entering the village, must be roadworthy and registered and the driver must be in possession of a legal drivers licence.

### Speed Limit in the Village

We have received several complaints regarding drivers not adhering to the 20km/ph speed limit and also driving recklessly around turns and corners within the FGV premises. Please keep to this speed limit when driving on all roads in the village.



### Rodents and snakes



There has been a increase in snake activity in and around FGV. Please remember that bird feeders and rodents go hand-in-hand. If you feed **birds outside and you don't diligently clean up spilled** and scattered seed, you will probably eventually have mice and rats moving into the area to take advantage of the free food. This in turn, will invite snakes to join the get-together in your private space. Should you spot a snake outside, please stay away from it as it is in its natural environment.



### Internal Cottage upsize or downsize policy



This policy allows a current resident to request to upsize or downsize from their original cottage.

All written applications will be considered by the Executive Committee.



## 2018/2019 Budget

### Feedback Meeting

The Executive Committee has approved the proposed 2018/2019 budget and a residents feedback meeting will be held on Thursday the 15th

**March at 10:30 o'clock in the FGV Lounge.**



### Easter Mini Market at FGV

Join us for our annual Easter Mini Market on 06 April 2018 at FGV.

We have invited a selection of sellers to come and display their goods. Pop in between 08:30 and 11:00 and enjoy a cup of coffee or tea with our delicious hot cross bun.



### Removal of items from cottages

We are still having situations where plants, pot plants and garden ornaments are being removed from occupied and vacant cottages. We earnestly request that no pot plants, shrubs, garden ornaments or light bulbs be removed from any cottage - vacant or occupied - without the permission of the Manager or the resident living there. Your assistance in this matter will be appreciated.



## Things to Remember

**DOGS:** We have received several complaints from residents regarding dogs roaming around the village off their leads damaging and fouling peoples gardens. If you are a pet owner, please adhere to the rules set out in the House Rules. Also remember, that dogs are not allowed in the main building or in the Frailcare.



**PETS:** Please remember to register your pet with Gerda. This is important as we need to know who to contact should an emergency arise and your pet needs care from someone other than you.



### MEAL BOOKINGS:

All bookings made will be charged for. Please cancel booked meals or any other catering order, at least one day before, to avoid charges. Remember to cancel your permanent bookings when you are away.



### Cottages under construction

With so many new people moving into our village, it is of utmost importance as a safety precaution, that residents and new perspective residents refrain from entering any cottage that is under construction. Even if you do not see any barrier, do not walk onto any part of the construction site.



*The greatest act of love in history is followed by the greatest act of power.*

## Back Page Information

- ACCOUNT QUERIES: Contact Sandra on Ext 103 for any queries regarding your account.
- MAINTAINANCE: *Report all maintenance to Sandra directly.* Maintenance queries need to be issued with a job number and this can only be done by her. Do not instruct the maintenance team directly, as they are not allowed to assist you without an issued job number.
- PRIVATE ELECTRICAL EQUIPMENT: Repair of items such as bed lamps, irons, kettles, hair dryers, radio, heaters and cellphones, does not fall under the Maintenance department. Please contact the office for a referral, if you do not know who to contact for assistance.
- GARDENS: Gardener schedules are set and can not be changed. Please use your allocated gardening times with your gardeners to do jobs like, trimming shrubs, sweeping up leaves and removing leaves from your gutters and drains.
- DOMESTICS: If you have extra hours booked and your domestic is on leave or sick, an alternative domestic will be offered. We however cannot guarantee the same times, but we will try to accommodate you. Charges for extra hours will still be applicable.
- PRIVATE WORKERS: Any private domestic, gardener or carer entering FGV, needs to be registered with the office and should be wearing a allocated bib. Bibs available from office.
- CATERING: no orders to be given to the Kitchen staff directly. Only orders received from Sandra with an order number, will be accepted and made by the kitchen staff.
- All catering needs to be booked at least one day in advance. The same applies to any cancellations of orders and meals. Failing to do so, could result in charges to your account.
- ACCOUNT PAYMENTS: we accepts credit card and cash payments. Please remember to use your account number as reference on any bank transfers
- ADMIN CHARGES: Should you make use of the office to fax, email & make copies, charges will apply. Please check with Lizette if you would like a breakdown of the charges.
- BLOCKED DRAINS: Please refrain from flushing any foreign objects down the toilets. We have had several blocked drains over the past few weeks. Our maintenance staff are constantly having to remove items other than toilet paper from these drains.
- GOING AWAY: Should you go on holiday, for even just one night, please advise Lizette. Remember to cancel domestics and meals if you are away. Neglecting to do so, could result in charges to your account.
- TV CHANNELS: The DSTV channels that FGV offer, is under the control and management of DSTV and changes to programs and channels is out of our control. Maybe consider getting your own private system as DSTV has different packages on offer that might suit your pocket. Contact Megasat in town for more information on 044 533 3948.
- PRIVATE ISSUES: Private TV Systems (DSTV), private computers and printer issues do not fall under maintenance. If you require a referral for assistance, please contact Sandra.
- PETS: Dogs are not allowed in the Admin, Dining room or Frailcare area. Hooks for leashes are provided outside the areas.
- WINDOW CLEANING: Cottage windows are washed on a 6-8 week rotation, dependant on the weather. The domestics are scheduled accordingly during their available hours.
- MEDICAL AID: You are liable to settle any Frailcare invoices and submit the claim to your Medical Aid. We are not contracted to any Medical Aid. FGV can only assist with emailing or faxing your claim, but we do not handle phone calls or queries with Medical aids.