

NEWSLETTER

MERRY CHRISTMAS

“Summertime is always the best of what might be.”

NOVEMBER 2016 - ISSUE 22



In this newsletter we pay tribute to John Lamb for his input to Formosa Garden Village. During his tenure, we have witnessed substantial improvements. The ageing cottages are being upgraded; new cottages have been built; the laundry and staff ablu-tions were completed.

In the Frailcare many improvements such as good beds & modern showers have been provided.

Through all the passage of progress, he was assisted by his **wife Beth who has left us with a true “Garden” village.** We wish to thank them for a long & selfless contribution to the lifestyle we all enjoy here.

We are continuing with the addition of new cottages and have gone to tender on three more on the upper west area of the vil-lage. Contrary to the belief of some residents, we do not fore-see a water problem in the area, and this has been confirmed by a consulting engineer. The tenders have been submitted and have been adjudicated. The sponsoring process has started and the building of the new cottages will only commence in the new year. We will keep you appraised of progress.

Don Ayres - House

Committee Chairman

Formosa Garden Village Management and



Welcome to new Residents

Since our last Newsletter, we have welcomed more new faces to FGV.

They are, Ursula Gordorr to cottage 20, Roxana Sayer to cottage 106 and Veronica Rimbault to cottage 134.

To the Frailcare, we welcome Mrs Helga Worthington to Riley Wing room 26 and Dr van der Vyver to Price Jones room 39.

We trust that they are settled in and feeling at home in our lovely village.

With current renovations still in progress, we will also soon be welcoming Hector and Jannette McIvor

to cottage 127. The renovations to cottage 47 will also soon commence as it has successfully been sponsored to Mr and Mrs de Jager.



Meet our new residents

Roxana Sayer - Cottage 106



My name is Roxana Sayer and I am a brand **new resident of FGV!** I've been living in Plettenberg Bay for seventeen years, and many of you will know my former little house behind the hedge in Roche Bonne Avenue, where my husband Ian and I spent so many happy times.

I had planned to spend much of this year travelling to visit friends and family, and was taken slightly by surprise to be offered a cottage here—which might explain why I moved

in for three days and promptly disappeared for a month! However I am very pleased to be here now and am revelling in my new home.

I have two daughters who live in Wales and New Zealand respectively, and they are delighted to be following all the news of my grand move. Now they have seen photos of the splendidly renovated cottage and they are eagerly planning to come and visit me, which will be lovely. Meanwhile I hope to use my new base from which to continue my usual pursuit of choir singing, concert going, reading, bird watching, French conversation and other UA topics.

There are lots of friendly faces around and I will be happy to offer a cup of coffee to anyone who feels like popping in to no.106 for a chat!

Ursula Godorr - Cottage 20

Greetings to everybody. I am glad to be here. I am Ursula Godorr, born in Germany in 1940. I came to South Africa when I was 21, happy to leave Germany as there was still a bad taste from the 2nd World War in me.



I met my German husband in Cape Town and we lived there for some years then moved to Johannesburg. I have 2 children who are now living in Germany.

In 1999, I retired and moved to Plettenberg Bay and have ever since enjoyed this lovely place and I am now happy to be here in the village.

Meet our new residents

Veronica Rimbault - Cottage 134



It's a wonderful feeling, after a very lengthy wait for the privilege to express sincere gratitude to the competent and very caring Management of FGV and all their dedicated staff and friendly residents, for the warmest of welcomes to join **their "mercy thing"**

My husband passed away 11 years ago in our retirement home in Hillcrest, Natal, and all four of my sons live in overseas countries. I was drawn to Plett to be near my soul-mate sister, Lyn Connell, then also recently widowed. **We'd never been parted until we had a double wedding, when we promised ourselves we'd some day, somewhere, somehow, get together again—when we had no more encumbrances!** "We grew up near the banks of the mighty Zambezi River near Livingstone and the Victoria Falls in old Northern Rhodesia, and lo and behold, the day has now at last come for our pact of long ago to come true—in this lovely place of beautiful gardens and friendliest folk!

Thank you to FGV - by Elma and Les Bergh

As we approach this special time of the year in our Christian calendar, I just feel the need to express a very big thank you to Philip and Gerda and all our helpful admin staff of this beautiful FGV in which we live. To thank you Matron Hanlie and sisters Ingrid, Susan and Daphne and all our kind, caring carers and nursing staff who so patiently and lovingly attend to the sick and the frail. To thank all our ever-cheerful domestics and gardeners and maintenance staff for keeping our cottages and gardens looking so beautiful and cared for. To thank the kitchen and laundry staff, for all the hard work behind the scenes and thank you to the Security for keeping us safe.

We love you and thank you and wish you all a very Happy, Healthy Christmas and loads of Blessings in 2017.

*'COME WITH THE SPIRIT & HEART OF A CHILD,
IT MATTERS NOT WHAT WE SHARE.*

*FOR CHRISTMAS ISN'T CHRISTMAS AT ALL
UNLESS THE CHRIST-CHILD IS THERE.'*



TELKOM DATA TOWER: Telkom has chosen to place the Telkom cell site at Formosa Gardens because it is the optimal place to get the best coverage for customers in the surrounding area. The technologies that are being deployed are LTE, 2G and 3G. Telkom cellular customers will be able to experience the highest data speed available at this moment in time.



ACCOUNT PAYMENTS Remember that FGV has a Card Machine. We accept Debit cards as well as Credit cards.

Just remember to raise your daily spending limit to accommodate your levy.

We however can not accept American Express, Diners Club cards and foreign bank cards.

Should you pay by bank transfer, please remember to use your FGV account number as payment reference.



Christmas Mini Market

Our annual Christmas Mini Market will be held in the FGV lounge on Thursday 1 December 2016, commencing at 8:30am.

Do invite your friends to join you in browsing the stalls and doing your early Christmas shopping.

Coffee/ Tea and mince pies will be served.



Cocktail Party

The annual Cocktail Party hosted by Executive Committee will take place on Tuesday, 6 December 2016 at 18h00 for 18h30. Please diarise this date and come and join in the happy get-together of FGV residents. Besides the wonderful feast prepared by our own kitchen, we will serve wine, beer, soft drinks and fruit juices.



Please book your attendance at the office before the 21 November 2016.

See you there.



We apologize for any omissions.

During the next few months there are quite a number of our dear Octogenarians and Nonagenarians who will be celebrating their birthdays. Happy Birthday and many blessings to all of you.

NOVEMBER 2016

3rd	Margie Arnold	4th	Norman Gess
5th	Jean Wilkinson	11th	John Lamb
11th	Elma Bergh	22nd	David Atkinson
25th	Ivan Baker	25th	Roger Wright
29th	Rene Isemonger		

DECEMBER 2016

13th	Jessie Burnell	13th	Leslie Bergh
14th	Flo Schreuder	17th	Leslie Burnell
20th	Val Gardner	24th	Nancy Wilkinson
26th	Margaret Plater	28th	Joan Stockdale
31st	Maggie Couper	31st	Chappie Chapman

JANUARY 2017

2nd	Tony Millerd	15th	Ann Holmes
18th	Francis Porlock	20th	Geoffrey Gardiner
20th	Clare Anderson	21st	Brenda Masterton
22nd	Jackie Bass	28th	Helen Rogers

FEBRUARY 2017

5th	Kathleen Petersen	5th	Mary Marais
6th	Aiden Buchholz	11th	Jean Rist
15th	Barry Stroebel	16th	Joanie Hutchinson
17th	Elaine Vosges	17th	Mala van Huyssteen
18th	Jackie Delport	20th	Edwin Courtenay
22nd	Nancy Stratten	23rd	Joy Williams
26th	Dixon Russel		

Staff Matters

Ephraim Gwiga

We welcome a new permanent staff member to the team. Ephraim has been appointed as a driver and with his friendliness and caring attitude, he is a valuable asset to the team. Welcome Ephraim.

Training

Several staff recently completed a Safety Representative Training course at FGV hosted by SafeTech Medical and Safety Training Specialist. Congratulations to one and all.





Happy Anniversary

Heartiest congratulations and many blessings to our bridal couples who will be celebrating their special day during the next few months. We wish you every joy for the future.

NOVEMBER 2016

Rene & Neville Isemonger	15/11/1958	58years
Annette & John Dreyer	16/11/1963	53years
Heather & Bosh Karis	30/11/1956	60years

DECEMBER 2016

Jean & Ivan Baker	13/12/1952	64years
Flo & Dick Schreuder	14/12/1961	55year

JANUARY 2017

Heather & Don Ribbans	17/01/1970	45 years
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FEBRUARY 2017

Joan & Chappie Chapman	06/02/1954	62years
Jean & Cyril Rist	06/02/1947	68 years

Requiescat in Pace

It is with great sadness that we note the passing of the following residents. Our sincere condolences to their family and friends.

				
Herry Bungay 30 June 2016	Edwin Courtenay 14 August 2016	Patricia Hosack 24 August 2016	Eileen Morrisson 1 September 2016	Angela Harrison 2 October 2016

Future Newsletters

Do you have an interesting story to share? Did we omit your wedding anniversary or a special occasion? Then we would like to hear about it. I'm inviting residents to submit interesting stories or suggest a story that I can add to future newsletters. Drop off your story or email for Sandra's attention to formasagardenvillage@gmail.com.



Emergency Number ****2102**

Did you know that the intercom phones can be used in times of emergency to call the Frail Care Staff? All that is required is to knock the phone off its cradle which will make the Riley Wing phone ring and this will alert the Sister to your need for assistance. Should there be no answer, the sisters will investigate.



IN CASE OF AN EXTREME MEDICAL EMERGENCY OR A LIFE-THREATENING SITUATION, you may dial ****2102** from your internal phone for assistance.

All other calls to the Riley Wing should continue to be done in the normal manner. Calls made to the emergency number that are NOT emergencies will invoke the payment of a fine.

The current FGV cottage maintenance policy states:

External maintenance and upkeep of cottages, remains the responsibility of FGV. These include:

- The painting, waterproofing and varnishing thereof
- Cottage doors, window frames, windows, gutters, external door locks and structural defects
- Water, Sewerage, geyser and legal electricity connection up to and including the outlets
- Bulbs for internal and external fixed light fittings only
- Weed spraying restricted to the common roads / paved areas and communal gardens.

Internal maintenance and upkeep of a cottage, while occupied, remains the responsibility of the resident. These include:

- General maintenance of the inside of cottages which includes varnishing and painting of the cottages.
- Normal wear and tear items – cottage keys, cupboards, handles, toilet seats, carpets, tiles, shower doors, garage motors, remotes, sink and basin plugs within the cottage. Weed spray of the cottage garden and surrounding paving area.
- Breakages caused by the resident.



Our Maintenance team can assist with minor repairs inside cottages if reported to the office. Charges for the residents account may be applicable and will be discussed prior to any internal repair work. All maintenance requests will be investigated and handled accordingly.

Vehicle Policy

Formosa Garden Village is a Non Profit Public Benefit Organisation and therefore we need to adhere to the National Road Traffic act 93 of 1996. All vehicles on

FGV's premises or entering the village, must be registered

and the driver must be in possession of a legal drivers licence.



Going Away Policy

We remind residents to PLEASE fill in a Going Away form at reception **even if it's only for 1 night. Supply all the information requested on the form. Missing information will cause confusion with Riley Wing's morning checks as well as Domestic and Gardener schedules.**

Close all windows and lock your doors. Please do not leave doors unlocked even if you are only going to town for an hour or so. Please cancel booked meals to avoid being charged.



An Executor's risk and responsibilities



André van Niekerk
Independent
Financial Adviser
082 498 3133

An executor's powers, duties and responsibilities commence once the Master of the High Court has issued an official letter confirming his/her appointment as executor.

Depending on the types of assets, an executor's duties remain the same, regardless of the size of an estate. Only in the case of estates (including joint estates) with a gross value <R250 000 for which no executor was appointed, does a Master's representative have fairly few duties.

The duties and responsibilities of an executor end when the estate has been finalised and the Master has issued a filing note. The executor must apply in writing to be discharged from his or her duties, and his/her office ends once the Master has discharged him or her in writing.

The risks of being an executor

The risks involved in being an executor can differ from estate to estate. If more than one executor is appointed, all are subject to the same risks, even if only one of them administers the estate. When an agent is appointed to act on behalf of the executor, it also does not mean the executor is relieved of his/her responsibilities or risks. An executor can be penalised and/or imprisoned if he or she does not abide by the laws as set out in the Administration of Estates Act (Act No. 66 of 1965). He/She can also be held personally responsible for, among other things, the following:

- ❶ Losing an original will that was in his/her possession.
- ❷ Failing to publish the estate notice.
- ❸ Receiving objections or submitting claims after the estate has been finalised.

- ❹ Temporarily investing estate funds in a risky investment, and/or speculating.
- ❺ Dealing incorrectly with donations in an antenuptial contract, or with claims in terms of a Divorce Order or deed of settlement, or calculating accrual claims incorrectly.
- ❻ Ignoring pending legal action and matters that originated during the deceased's lifetime, or making incorrect decisions regarding settlement or continuation.
- ❼ Signing incorrect or invalid contracts (for example the sale of immovable property in the estate).
- ❽ Ignoring claims in favour of the estate (debtors), or allowing claims to become prescribed.
- ❾ Not submitting claims to a medical fund, or short-term mortgage or credit life insurance in time and letting them lapse.
- ❿ Dealing incorrectly with existing businesses, whether a sole proprietorship or other.
- ⓫ Failing to submit outstanding SARS returns or to submit them in time.
- ⓬ Not obtaining any clearance certificate from SARS.
- ⓭ Interpreting the will incorrectly, or applying the Intestate Succession Act incorrectly.
- ⓮ Incorrect payouts or transfer of assets.
- ⓯ Cancelling mortgage bonds in favour of the deceased when it is prejudicial to do so.
- ⓰ Providing advances to heirs and/or transferring assets prematurely.

Sound executor practice

An executor must be impartial. Neither he/she, nor his/her family, friends, may benefit unfairly (for example from the sale of an asset). He/She must carry out the instructions in the will, as well as reasonable instructions of the heirs. Quarrels with heirs should not interfere with his or her duties. There must be no conflict of interest.

An executor must be transparent and deal with the estate assets cautiously. Regular reports and copies of the will, the estate account, as well as final settlement statements should be provided to the heirs.

CHRISTMAS LUNCH

You are invited to join us for the Christmas Lunch on Christmas Day in the Dining room at 12h00. Cost is R 190.00 pp. Bookings essential as space is limited to 60 seats. Book at the office.

Booking

closes on the 12 December



2016. No cancellations accepted after bookings are closed.

LUNCH BOOKINGS

It is essential that bookings for weekly and Sunday Lunches be made in advance the day prior to the intended meal. Residents are responsible for making their own bookings as phoning the office could result in names not being added to the lunch schedule as staff in the office tend to be occupied when calls are received. It is advisable that should you make a booking by phoning the office, that you make sure to confirm that your name has been added.



Gratuity Box Staff Christmas

“When you wish someone joy, you wish them peace, love, prosperity, happiness... all the good things.”

– Maya Angelou

If you wish to give a staff member a financial gift for Christmas, we request that you DO NOT give to individuals as this causes unhappiness between members of staff. Instead place your donation in the locked gratuity box in the foyer.

This will ensure that all staff have a share in this bonus which is divided out in mid January when cash is usually in short supply. Beneficiaries are our gardeners, maintenance staff, domestics, laundry and kitchen ladies, carers and domestics in Riley Wing who all look forward to receiving this wonderful bonsella during a very lean month.



There are small white envelopes at the reception to assist you in this regard. Thank you for your generosity.

Operating Office Hours

We would like to remind residents of our office hours. Monday to Thursday the office is open from 08h00 to 17h00. Fridays we are open from 08h00 to 16h00. Office is closed on Saturdays, Sundays and all Public Holidays. Staff are on lunch between 13h00 and 14h00, but there will always be someone around to assist. Direct number for the Riley Wing is 044 533 2718.



FGV Emergency Policy

In the event of a medical emergency at your home or your neighbours home, the Frail Care should be contacted immediately and do not attempt to move the patient.



The Frail Care sister on duty will respond to a medical emergency, if reported, but may not transport or medicate a resident in need of medical attention which is more than first aid. Upon arrival the sister will assess and stabilize the person, do basic first aid, and establish whether the patient requires a referral to a hospital via ambulance according to their Medical Aid cover. The above policy is in line with the Older Persons Act and other retirement villages to prevent negligence litigation.



Nelson Mandela International Day was launched in recognition of Nelson Mandela's birthday on 18 July, 2009 via unanimous decision of the UN General Assembly. It was inspired by a call Nelson Mandela made a year earlier, for the next generation to take on the burden of leadership in addressing the world's social injustices when he said that "it is in your hands now".



It is more than a celebration of Madiba's life and legacy. It is a global movement to honour his life's work and act to change the world for the better.

With this in mind, people contribute 67 minutes every year doing charitable work for the less fortunate and Formosa Garden Village did so by making 67 cupcakes and donated it to a Siyakula Crèche in Qolweni.

Bokkie's new home

In our March Issue 20, we wrote about the plans to re-position and move Bokkie as the mound on which Bokkie stood was in need of urgent repair due to weathering over 30 years and it had become a safety problem.

Well, Bokkie has been moved and re-mounted. His new position is in full view when entering the main gate. This position also causes no obstruction to cars entering the road from the main car park opposite the security office.

What a wonderful transformation to the entrance of Formosa Garden Village? A big round of applause to Alie and his team who not only moved Bokkie, but also created a wonderful garden feature around the parking area.



Residents Feedback Meeting

A Residents Feedback meeting is scheduled for Friday, 2 December 2016 and will be held in the Lounge at 10h00.

Reminders will be sent out



closer to the date. Please diarise this date.

Thrift Shop

The money generated these last couple of months has been used to purchase and pay for a number of items which were not budgeted for. These include Plants for the new gardens, Forever Plank benches for the Frail Care Emergency points as well as beautiful cushions for the upgraded Frailcare Dining room.

Donations

We recently donated several boxes of books and puzzles to the Protea Service Centre for the elderly based in Kranshoek. We received a note of appreciation from their Chairperson Anne Hoffman.



General FGV

COTTAGES UNDER CONSTRUCTION:

Residents are requested to please refrain from entering any cottage that is under construction.



GARDENS: We have had several reports of items such as pots, plants, grass and other garden items going missing from the gar-

dens. We hereby request that no plants, grass, pots and other garden items be removed from any part of the village.



MAINTENANCE: Do not give maintenance jobs to the staff directly. All **“jobs”** have to be reported to Sandra who then will issue a **“job number”** to a staff member. Only then will the job be tended to.



LAUNDRY: Please refrain from hanging washing clothes, especially **“petties”** in visible areas like verandahs.



Dealing with Medical Aid Schemes

We would like to remind residents that FGV does not deal with Medical aid Companies and residents claims. It is the residents own responsibility to deal with their Medical aid.



You are responsible for settling your account with FGV.

FGV can only assist with emailing or faxing your claim, but we do not handle phone calls or queries with Medical aids.

Administration of residents prescribed medication

Various Legislation prohibits Frail Care staff to “de-cant” prescribed medicine for residents. They are also not allowed to stock or administer any emergency medication without it being prescribed by a Medical practitioner.



These are;

1. Older Persons Act
2. Department of Social Development set protocols (Norms and Standards)
3. Nursing and Medicine Acts (scope of practice)

In order for the Frail Care staff to assist residents in the future with the dispensing of their prescribed medication, it must be pre-packed by your Pharmacy in the form of Blister Packaging. The packaging costs can be added to your Pharmacy bill if you wish to do so.

Plett medicine depot pharmacy charges :

Medication needed twice a day for 4 weeks @ R90.00

Medication needed twice a day for a period (once of) @ R22.50

Medication needed 4 times a day for 4 weeks @ R133.00

Medication needed 4 times a day for set period @ R33.20

News from the Frail Care



The Riley Wing Dining and Lounge area recently underwent a total make over from new paint on the wall, beautiful curtains, stunning pictures on the wall and comfortable leather couches and chairs to the big television and sound system.

On the 17th of August, the residents in the Frail Care were treated to their very own in-house movie on the **“big screen”**

This is just the first of many successful movie afternoons to follow.

Letters to my Grandchildren

By Elma Bergh

Once upon a warm, summer night in Plettenberg Bay, when my grandson Sean Christopher Butler was only 8 or 9 years old, many years before he ever dreamed of becoming a PC in the Metropolitan Police Force in England, And his brother Lewis Michael was only 5 and only ever dreamed of being like his brother, Sean, and his beautiful, dark-haired sister Lauren already looked as if she knew exactly where her, sturdy 3 1/2 year-old legs were going to take her, as usual, I invited them all downstairs for prayers. (At that stage my son Victor and his wife Sue were still busy producing Michael Lee Bergh). And as usual too I encouraged them all to participate. And so I began—

Dear Lord, thank you for the beautiful day we have had together as a family... **Yes, thank You, God** - Lewis interrupted sleepily, for **Dad and Mum and...** “**Oh Yes, God and please Bless Henry (their cat)**”, Lauren said, **a small confident smile lighting up her chubby face.** And bringing prayer time firmly to conclusion, Sean in his **loud voice said: “Yes, yes God. Thank you for the beautiful day and the sunshine, and the sea, and G and G (Gran and Grandpa) inviting us all to stay in their beautiful home for Christmas.”**

Looking back - Les and I were so blessed to have our English family - our daughter Azelle and Greg had been living in England ever since they got married years before - fly out every Christmas to visit with us and of course we thought this happy state of affairs would continue forever when suddenly it seemed Sean, Lewis and Lauren were all grown up and busy with their own urgent lives and it all came to an abrupt end.

And so the idea of e-mailing my grandchildren began, one of my earliest being to my grandson Lewis who, even after he had dedicated his life to the Lord at a Christian School in his teens, still struggled with relationships and feeling of self –worth.

“You are God’s handiwork. A new creation in Christ, darling Lewis” I wrote. No matter what the world says you are not a loser.

You are not average. You are not a failure. You **are indeed a ‘new creature in Christ.’** The Bible says so - Ephesians 2v10. Jesus says so. And I say so. Jesus died for you. Jesus loves you. I love you.

Your loving Gran in PP (Perfect Plett)



DOGS:

When you need to leave your dog alone at home, please try to keep them safe and happy inside. Unnecessary barking of **“unhappy” dogs alone** at home is a disturbance for other residents that might be resting.



Also, please clean up after your pets.

DOMESTICS: If you have extra hours booked and your domestic is on leave or sick, an alternative domestic will be offered. We however can not guarantee the same times, but we will try and accommodate you. Charges for extra hours will still be applicable.



MEAL BOOKINGS:

MEAL BOOKINGS:

All bookings made will be charged for. Should you wish to cancel, do so at least one day before or charges may be applicable.



Remember to cancel your permanent bookings when you are away.

Funny things Kids say!

The following is said to be written by actual students and are "genuine, authentic, and unreduced."

- In the first book of the Bible, Guinness's, God got tired of creating the world, so He took the Sabbath off.
- Adam and Eve were created from an apple tree.
- Noah's wife was called Joan of Ark.
- Noah built an ark, which the animals came on to in pears.
- Lot's wife was a pillar of salt by day, but a ball of fire by night.
- The Jews were a proud people and throughout history they had trouble with the unsympathetic Genitals.
- Samson was a strongman who let himself be led astray by a Jezebel like Delilah.
- Samson slayed the Philistines with the axe of the apostles.
- Moses led the Hebrews to the Red Sea, where they made unleavened bread, which is bread made without any ingredients. The Egyptians were all drowned in the dessert.
- Afterwards, Moses went up on Mount Cyanide to get the Ten Amendments. The First Commandment was when Eve told Adam to eat the apple.
- The Fifth Commandment is to humor thy father and mother. The seventh Commandment is thou shalt not admit adultery.
- Moses died before he ever reached Canada.
- Then Joshua led the Hebrews in the battle of Geritol.
- The greatest miracle in the Bible is when Joshua told his son to stand still and he obeyed him.
- David was a Hebrew king skilled at playing the liar. He fought with the Finklesteins, a race of people who lived in Biblical times.
- Solomon, one of David's sons, had 300 wives and 700 porcupines.
- Jesus enunciated the Golden Rule, which says to do one to others before they do one to you.
- He also explained, "Man doth not live by sweat alone."
- The people who followed the Lord were called the 12 decibels. The epistles were the wives of the apostles.
- A Christian should have only one wife. This is called monotony.



Merry
CHRISTMAS AND A HAPPY
New Year