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FGV Newsletter

Issue 20—March 2016

A Newsletter introduction with a difference—Improved site for our famous Bokkie

Welcome to our New Residents

Since our last Newsletter, we have welcomed more new faces to our little sanctuary.

They are, Joe and Sally Taylor to cottage 74 and Rhona Peard who has taken up permanent residency in Price Jones Room 38.

We trust that they are settled in and feeling at home in our lovely village.

With current renovations still in progress, we will also soon be welcoming Eric and Ann Stratford to cottage 129, Tony and Ursula Millerd to cottage 133, Pamela Rodwell to cottage 56 and Dennis and Heather Smith to cottage 57.

The mound on which Bokkie stands is in need of urgent repair as due to weathering over 30 years it has become a safety problem.

The opportunity will be taken to rebuild it on an improved position which will be in full view when entering the main gate. This position will also cause no obstruction to cars entering the road from the main car park opposite the security office.

Bokkie is a cherished part of our history. Donated by the Earl of Leicester and his wife Vera, who were early residents at FGV. The Earl was always grateful for the years he spent here in later life.

Bokkie is a typical Cape Grysbok found mainly in our area of the Western Cape. I have so far been unsuccessful in discovering who the sculptor was. My wife and I even visited Robert Leggat at his Bronzefields foundry near Plett. He is famous for many wonderful sculptures including the Dolphins gracing the circle at the end of Marine Way. Robert was unable to help, but suggested when we move Bokkie, we could find a name on the underside. If one is found, we will inform residents.

Our entrance gates, designed and made by Professor Cecil Luck who died at FGV in July 2008, are another of our FGV legends.

Enjoy the newsletter.

John Lamb - House Committee Chairman



Breakfast Specials

Our kitchen has introduced a Breakfast Menu on selective Saturdays. It has become quite popular, but seating is limited. Please keep an eye out on the notice board for when these special breakfast mornings take place and book your spot.

If you have a special dietary requirement, please make sure to note it on the booking sheet as the menu is set and the kitchen staff need ample time to prepare any special foods.



Special Orders Menu

As most of you know, our kitchen does special orders like cakes, savory snacks and sandwiches. These orders can only be placed with Sandra or Gerda between Monday and Friday. No changes to orders or new orders will be accepted over weekends



Happy Birthday wishes!

We apologize for any omissions.

During the next few months there are quite a number of our dear Octogenarians and Nonagenarians who will be celebrating their birthdays.

Happy Birthday and many blessings to all of you.

MARCH 2016

4th	Elizabeth Rixom	7th	Mary Randon
12th	Godfrey Bass	14th	Rev. Erik (Andy) Andersen
17th	Ailsa Mann	17th	Patrick Webb
18th	Betty Sleight	21st	Edith Hartnell
22nd	Beryl Holliday	24th	Heather Karis
24th	Rosemary Davies	30th	Neville Isemonger

APRIL 2016

1st	Angela Harrison	2nd	Naomi Stander
3rd	Penelope Kerr	4th	Virginia (Ginny) Wilson
10th	Denis Carroll	10th	Eileen Morrison
15th	Pam Wakefield	17th	Cyril Baumgartner
18th	Elizabeth (Liz) Grobler	25th	Bosh Karis
25th	Mary Wingate-Pearse	28th	Sheilagh Broderick
29th	Daphne Simkins	29th	Joan Woodley

MAY 2016

1st	Jane Mullin	6th	Elizabeth (Liz) Webster
9th	Don Ayres	11th	Jen Mitchell
11th	Margaret Strahlendorf	14th	Joyce Biller
14th	Derek Ritson	22nd	Elizabeth Starling
22nd	Val Braby	24th	Barbara Crews

JUNE 2016

1st	Brenda Rink	4th	Jill Haysom
12th	Fred Broderick	15th	Eric Stratford
25th	Vivienne Ritson	27th	Dierdre Steyn

Wishing you another wonderful year of marital bliss.



Happy anniversary!

Heartiest congratulations and many blessings to our bridal couples who will be celebrating their special day during the next few months. We wish you every joy for the future.

MARCH 2016

Jessie & Leslie Burnell	03/03/1951	65 years
Jean & Bob Allen	18/03/1961	55 years

APRIL 2016

Elma & Les Bergh	04/04/1953	63 years
Barbara & Georg von dem Bussche	11/04/1970	46 years
Joan & Don Ayres	20/04/1990	26 years

MAY 2016

Claire & Erik (Andy) Andersen	02/05/1959	57 years
Jennifer & Brian Hickey	23/05/1979	37 years

JUNE 2016

Sheilagh & Fred Broderick	12/06/1961	55 years
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JULY 2016

Julie & Neville Whittaker	09/07/1966	50 years
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Movement within the Village

Mrs Elizabeth Starling has moved to Riley Wing room 20 and Mrs. Sheila Brown has moved to Price Jones room 39. Mrs Francis Porlock has taken up residency in Riley Wing room 5. We hope that they are settling in.

Mr Jan van Rooyen has bid us farewell as his family have moved him closer to them.

1 Legged Guinea Fowl

Story by Pat Bellingan

A little doggerel about the 1 legged Guinea Fowl which plagued us at FGV, but has recently been killed by a cat (of sorts).

And so our Guinea Fowl has gone, slaughtered by a furry foe. **Whoever would imagine that he'd be "donnered" by a cat! I still can hear his halting step hop by hop, he'd make his way into our gardens where he'd stay. "Verdomde" Fowl please go away!**

But now he's gone to heavenly lands, where he'll be joined by other bands of Guinea Fowls who'll shout "Hooray" our peg-leg bird has come to STAY!!!



Friendship Hour

We invite all our residents to a Friendship Hour at 15:00, Monday to Friday in the Lounge. Coffee will be available at R5 per cup. Come and relax and meet some of the other residents. If other events are scheduled on the day, the coffee will be served on the stoep next to the Bowling Green.

Staff Matters

Ben Mantla

We welcome a new staff member to the team. Ben started in February and will be joining the gardeners with the upkeep of our beautiful gardens. Welcome Ben.

Sister Arendse

We also welcome back Sister Arendse to the Frail Care team. She is the new night sister in charge.



Welcome to you both.

Thrift Shop

Thank you to all our regular supporters and also to everyone who donates their unwanted goods to our little Thrift Shop.

The money generated these last couple of months has been used to purchase and pay for a number of items which were not budgeted for. These include 32 baskets and a scale for laundry in Frailcare, Christmas Decorations, dessert glasses for the main Kitchen and a donation towards the Rotary **Ann's**.

Thank you for your support.



Easter Market

Our annual Easter Mini Market will be held in the FGV lounge on Thursday 17 March 2016, commencing at 8:30am.

Do invite your friends to join you in browsing the stalls and doing your early Easter shopping.

Coffee/Tea and mini hot cross buns will be served.



Events Calendar at FGV

Formosa offers a variety of entertainment during the month for our residents and members.

- U3A: Mondays and Wednesdays at 10h00 (Lounge)
U3A Film Club: Last Monday of the month at 18h15 (Lounge)
Contact: Michael Lond - 044 533 0018
- Bridge: Mondays at 13h45 (Dining Room)
Contact: Mrs. Jean Korck - 044 533 0340
- Digitone (Hearing aids): Every 2nd Tuesday at 09h30 (Riley Wing)
Contact: Stephen - 079 337 0839
- Fellowship: Tuesdays at 10h00 (Lounge)
Contact: Lisa Ritchie - 044 533 3032
- Fun and Fitness: Tuesday at 15h30 and Thursday at 10h00 (Lounge)
Contact: Marie Gibson - 082 820 4353
- Bingo: Every 2nd Tuesday at 18h30 (Dining Room)
Contact: Rosemary Davies—Cottage 78 (4078)
- FGV Movie: Every 2nd Wednesday at 14h30 (Lounge)
Contact: Mishca at Reception
- Bowls: On request. Please contact the office to arrange.
Contact: Rosemary Davies—Cottage 78 (4078)
- Make & Bake: Fridays at 08h30 to 09h30 (Lounge / Foyer)
Contact: Mrs. P Denman - Cottage 85 (4085)
- Catholic Mass: Every 1st Friday of the month (Small Dining Room)
Contact: Mrs. M Wingate—Pearse (4002)
- Music Appreciation: 3rd Friday of the month at 15h30 (Lounge)
Contact: Mrs. Pamela de vos Bonthuys-Cottage 80 (4080)
- Anglican Church Service: 4th Friday of the month at 09h30 (Lounge)
Contact: Mrs. Lynn Connell - Cottage 114 (4114)
Rev. Erik Andersen—Cottage 93 (4093)
- Mah Jong : Fridays at 13h30 (Small Dining Room)
Contact: Mrs. Wright - Cottage 96 (4096)
- Library : Open all day, every day for your enjoyment.

Please see the weekly and monthly calendar in the foyer for more info.

If your will is older than 5 years, it is time to review it.



André van Niekerk
Financial Adviser
086 144 7755
082 498 3133

If you have a will, you'll have the last word on what should happen to the fruits of all your hard work when you are gone, right? Not quite, says **André van Niekerk, Sanlam Financial Adviser.**

Wills have split up families, turned siblings into prime enemies and wasted inheritance money on horrific court battles. Most people draft a will because they want to avoid inheritance battles but these common mistakes can fuel more family feuds:

Vague language

A will that is not clearly worded may cause confusion and eventually require a court ruling. For instance, a will that simply states "John bequeaths all his cash to his daughter, Penny" can be easily challenged. What exactly is cash? Is it notes and coins found in his wallet on the day he died, or does it include the fixed deposit at the bank and other financial investments?

"Likewise, saying 'I bequeath all my assets to my children' is not sufficient – you should state if you are referring to your biological children only, if you have other children too. A few words – an accurate description of exactly what you mean, such as 'I bequeath the balance of my cheque account to my daughter Jane' – can have a major effect on the implementation of your will," says André.

Distributing you assets equally among heirs

It is not a good plan to distribute everything equally if you have more than one heir –

except if your entire estate consists of cash. For instance, transferring ownership of a house to your spouse and all your children may cause practical problems. Transferring ownership of a car to four people is not practical either. One of the heirs will have to buy the car if he or she wants to keep it, and what if all of them want to buy it?

Involving beneficiaries in the drafting of your will

If any of your heirs signed as a witness or helped draft your will, they could be disqualified from receiving their inheritance if someone were to challenge the will. Although a disqualified heir is entitled to approach the court to resolve this, it can be a lengthy and expensive process.

Not making provision for minors' inheritance

Often grandparents nominate minor grandchildren as beneficiaries of assets such as insurance policy payouts, property and other investment proceeds. If, as a grandparent, you haven't nominated an eligible person as to administer this inheritance, it will be held by the Guardian's Fund that is administered by the Master of the High Court, a public entity which has only six Master's offices in the country.

André says setting up a trust in your will (called a testamentary trust) will ensure that the money you leave for your grandchildren is easily accessible for their needs and will be used as intended – to pay for their upbringing.

Apart from these common mistakes, the biggest mistake most people make is not reviewing their wills when their circumstances change. New children, new assets and new relatives come into the picture. That's why you should review your will at least once a year.



Meet a Resident

Welcome to our new residents. We know that you will soon feel right at home.



Godfrey and Jackie Bass
who have moved into cottage 143



Eric and Ann Stratford
will soon be moving into cottage 129

I received some interesting articles from some of our new residents. I share them here with you.



Wendy and Theo Jager

Wendy and Theo Jager have moved into cottage 108.

Wendy and Theo Jager retired in Johannesburg and moved to Plettenberg Bay in 2003 having enjoyed their annual holidays here in Plett for the previous 10 years.

They are looking forward to a long and happy stay in cottage 108.

Norman and Ruth Gess have moved into cottage 140.

Ruth and Norman Gess were born and grew up in Cape Town.

After Norman qualified at UCT as a quantity surveyor, they married and moved to Windhoek. The agreement with his firm was for a 2 year stay, but they loved the life and people so much that they stayed for 42 years. During that time, Norman established his own practice and travelled far and wide in Namibia in connection with his work.

Each year they travelled the 1400km by car to Plettenberg Bay. For many years they caravanned at the Piesang River Caravan Park - run by Dennis Petersen. Having acquired ground during those years, they decided to build their own home and then stayed there when on holiday.

Ruth was a keen tennis and bowls player while Norman played squash and bowls. Unfortunately age has caught up with them and limited their sporting activities drastically.

They celebrated their 60th wedding anniversary this year.



Norman and Ruth Gess

Meet a Resident

Peter and Nancy Stratten have moved into cottage 141.
Peter and Nancy Stratten have been married for almost 57 years.

They married in England, Nancy's home from birth, and then lived and worked in Southern Rhodesia before moving to Natal in 1963.

Peter then worked in Natal and Zululand before being moved to Johannesburg. They settled in Plett in 1991 and lived in the old family **holiday home built by Peter's father in 1950.**

Both have been much involved in pre-school education and **St. Peter's Church.**

They have four daughters – three still living in South Africa.



Peter and Nancy Stratten

Gordon and Crystal Paterson have moved into cottage 142.

The Paterson's, spelt with one "t" (Gordon insists that two "t's" is Irish) met in Northern Rhodesia in the early 60's, before it became Zambia. They got married just before independence. Crystal was born and educated in Bulawayo then graduating with a degree in chemistry and industrial psychology from Rhodes University. Her parents were a mixture of Irish, English, Danish and Afrikaans, which according to her husband has equipped her well for the demographic complexities of modern life!!



Gordon and Crystal Paterson

Gordon was conceived in the Gold Coast (now Ghana) of Scottish parents, but born in Glasgow. They got back to Britain from Colonial Service just before WW2. He has a degree in Mining Engineering from Glasgow University. They produced two children in Luanshya Zambia and one in Phalaborwa.

They started life in South Africa in the harsh conditions of a developing mining camp in the middle of the Karoo south of Prieska, then to Phalaborwa before joining an American mining equipment company in Johannesburg before retiring to Nature's Valley in the late nineties. **They acquired a beautiful plot of coastal fynbos with sea and mountain views. Crystal's fynbos garden became a regular "photo stop" for small tourist groups from Cape Town. The challenge now is to produce some of the same in FGV without the tourists, thank goodness.**



Neill and Lee-Ann Andrew

Neill and Lee-Ann Andrew have moved into cottage 144.

We met in Plettenberg Bay in 1961, spent some years in London, where we married and returned to Plett in 1968. We have been permanent residents ever since.

Our children live overseas. Our son in Hong Kong and daughter and family in Bermuda.

I was an estate agent and Lee-ann started Calpurnia in 1968.

We love our new home in FGV and will be closing Calpurnia in the near future to enjoy our retirement.

Meet a Resident

Tony and Ursula Millerd will soon be moving into cottage 133.

Tony and Ursula Millerd will be coming to live at FGV in April 2016. Having holidayed regularly in Plett, when the time for retirement came in 1999, they had no hesitation in choosing Plett. South Africans by birth, they spent the first nine years of their married life in Toronto—Canada. They returned to South Africa in 1966, with their 3 Canadian born sons.

An accountant by training, Tony went into the commercial field, in a manufacturing agency business.

Ursula's prime interest when they returned to S.A. was to establish a small riding school, teaching mainly children, which was first started at their home in Morningside and continued in Treesbank (past Fourways), until their South African born daughter—herself an accomplished show jumper, moved to DSG in Pretoria to complete her senior education. Tony and Ursula moved to Parktown North, where they lived until coming to Plett.

Tony served 6 years on the Bitou Municipality Audit Committee, and is currently a member of FGV Executive Committee, as well as pursuing his interest in water colour painting.

Ursula with interest in golf, bridge, mah-jong and gardening, has grown a circle of friends that share her interests and provide a secure base and supportive group.



Tony and Ursula Millerd



Joe and Sally Taylor

Joe and Sally Taylor have moved into cottage 74.

Joe was born in Johannesburg in 1937 and Sally in Cape Town in 1944. They grew up in Johannesburg where Joe started school at King Edward's Prep before going to St Andrew's Prep and College in Grahamstown. Sally went to St Andrew's in Bedfordview and then to Parktown Convent. They were married in 1963 and moved backwards and forwards between Cape Town, Johannesburg and Port Elizabeth on transfer before finally settling in Plettenberg Bay in 1980.

Their elder daughter, Kate, was born in Cape Town in 1966 and lives in Johannesburg with her husband and son, Matthew (18), is studying Aeronautical Engineering at Wits. Their 2nd daughter, Jenny, was born in Port Elizabeth in 1968 and lives in Cape Town with her husband and daughter, Michaela (12).

The move to Plett bought many changes. The girls went to boarding school, first in Graaff Reinet and then to Collegiate in Port Elizabeth while Joe ran a carpet installation business in Knysna and Sally played at farming on their smallholding on the N2 with pigs, sheep, chickens, horses and dogs. Joe then became an Estate Agent and Sally worked for the Plett doctors for 14 years. In her retirement she is now the bookkeeper for the Anglican Churches in Bitou based at St Peter's Church while Joe potters around happily enjoying their new life at FGV.

Where we love is home - home that our feet may leave, but not our hearts.

- Oliver Wendell Holmes, Sr.

Gratuity Box Staff Donations

“When you wish someone joy, you wish them peace, love, prosperity, happiness... all the good things.”
– Maya Angelou



We would like to thank each and every one who contributed towards the staff gratuity fund during the past year. It was a welcome bit of money after a very long year.

If you wish to give a staff member a financial gift or “tip”, we request that you DO NOT give to individuals as this causes unhappiness between members of staff. Instead place your donation in the locked gratuity box in the foyer.

This will ensure that all staff have a share in this bonus which is divided out in mid January when cash is usually in short supply.

Beneficiaries are our gardeners, drivers, maintenance staff, domestics, laundry and kitchen ladies, carers and domestics in Riley Wing who all look forward to receiving this wonderful bonus.

Future Newsletters & New updated Website

Do you have an interesting story to share? Did we omit your wedding anniversary or a special occasion? Then we would like to hear **about it. I’m inviting residents to submit interesting**

stories or suggest a story that I can add to future newsletters. Drop off your story, fax to 044 533

4209 or email it for Sandra’s attention to

newsletter.fgv@gmail.com



I have also recently updated our website and it is now mobile and tablet friendly. Have a look www.formosagardenvillage.co.za

Operating Office Hours

We would like to remind residents of our office hours.

Monday to Thursday the office is open from 08h00 to 17h00.

Fridays we are open from 08h00 to 16h00.

Office is closed on Saturdays, Sundays and all Public Holidays. Staff are on lunch between 13h00 and 14h00.

The internal phone number for the Frail care is 102 and the direct phone number is 044 533 2718.



Easter Church Services



Join us on these special dates to celebrate Easter.

18th March 2016

Anglican Holy Communion at 09:30am in the lounge.

25th March 2016
Good Friday

Anglican Easter Devotional service at 09:30am in the lounge.

25th March 2016
Good Friday

Easter Music Programme at 15:30pm in the lounge.

Easter brings Gods Endless Blessings,
Easter brings fresh love...

Happy Easter to You, with all best wishes!

In Loving Memory

**Emergency
Number
2102

Did you know that the intercom phones can be used in times of emergency to call the Frail Care Staff? All that is required is to knock the phone off its cradle which will give off a signal in Riley Wing alerting the Sister to your need for assistance.



IN CASE OF AN EXTREME MEDICAL EMERGENCY OR A LIFE-THREATENING SITUATION, you may dial ****2102** from your internal phone for assistance.

All other calls to the Riley Wing should continue to be done in the normal manner. Calls made to the emergency number that are NOT emergencies will invoke the payment of a fine.



John Duncan
28 October 2015



Amelia White
21 November 2015



Aubrey Stevenson
28 December 2015



M Lenferna Dela Motte
16 January 2016



Sheila Siebrits
28 January 2016

It is with great sadness that we note the passing of the following residents.

Our sincere condolences to their family and friends.

“Silently, one by one, in the infinite meadows of heaven,
Blossomed the lovely stars, the forget-me-nots of the angels.”
— Henry Wadsworth Longfellow,
Evangeline: A Tale of Acadie



Formosa Garden Village makes an effort to give back to the less fortunate and we receive various requests to donate carpets and other items being removed from cottages being upgraded and sponsored.

During the last couple of months, we have donated carpets to a church and schools.

Herewith a letter of gratitude from Mrs Holmes who received some of the donations on behalf of a school.

22 79V
Pretorius Bay
22nd Feb

Dear Gerda,
On behalf of
Siyakula Creche in
Qolweni, I would like to
tell you how grateful
we are for the carpeting.
It has already been
put to good use in our
Schoolrooms. Thank you
so very much indeed.
Yours sincerely
Anita

Going away on Holiday?

We remind residents to PLEASE fill in a Going Away form at reception even if it's only for 1 night. Supply all the information requested on the form.

Missing information will cause confusion with Riley Wing's morning checks as well as Domestic and Gardener schedules.

Close all windows and lock your doors. Please do not leave doors unlocked even if you are only going to town for an hour or so. Remember if you have set meal bookings, please cancel it with the office or you might get charged.



RESIDENTS WITH PETS

We are still receiving several complaints from residents regarding pets not being kept on a leash and dogs fouling other peoples lawns. Please keep your dog on a leash at all times. Tidy any dog fouling. And please, folks, do not allow your dog to bark incessantly. Please be considerate if you are a pet owner.



BUDGET FEEDBACK MEETING.

A residents feedback meeting regarding the 2016/2017 budget will be scheduled in the

month of

March once the Executive committee approves the proposed 2016/2017 budget.

Residents will be informed in due course.



Back Page Chuckle

Please will you “DO” our garden?

Thought I would share with you a few of my experiences when redesigning some gardens for clients. Johannesburg is well known for its lovely gardens. It has the best climate in the world for so many plants and trees and especially for roses.

One of my clients had a lovely three acre garden in Sandhurst. It already had a lovely pool set in rolling lawns and trees, but I think he wanted a mini Country Club. In went the tennis court, putting green with two bunkers and a water feature on the patio to add to the ambience during evening drinks ! With him came Kelly a beautiful St Bernard dog. She was great and followed me everywhere, however, there came a time when Kelly had to go to the vet. Oh no, no dog especially a St Bernard with those large paws could travel in his white Rolls Royce! My station wagon used to carry compost, fertilizer, plants etc... was ideal ! Kelly and I remained very good friends right to the end

Another client again a bachelor, was away on business almost all the time, so I, within limits could “do” the garden according to my own interpretation. But, one day Charlie the best cook ever suffered a heart attack! So poor Charlie was rushed in an ambulance to the Johannesburg General Hospital. On visiting him in “High Care” I was horrified to find him lying on a mattress with only a blanket and pillow. Thank goodness the Professor eventually moved him to his ward and Charlie had a pacemaker fitted. Now it was time to come home, but all his clothes and possessions had been stolen. Unbeknown to my husband John, Charlie came home in his undies, shirt, trousers, jersey and even his socks and shoes!! With a new set of second hand clothes, and a “watch” to keep his heart in order he thought it was Christmas !!

Do you really want to read another ? Well here goes.

I was very privileged to help design a garden for this couple. They had the lovely original farm house set on five acres in Melrose. Together with the architect we had to redesign the whole drive. He was redesigning parts of the house and a porte cochere was to be an included addition. The client had spent his childhood on a Cape farm, so loved to have a flock of guinea fowl in the garden. It just made him feel more at home.

But these things always happen when the client is away. Yes two of the guineas were looking very sick. I phoned the vet, who asked “What type of guinea fowl ?”To me a guinea fowl, is a guinea fowl, is a guinea fowl! “Please bring them in “he said. So there William the gardener and I sat in the waiting room, each with a guinea fowl tucked under our arm. Yes the dogs and cats were very interested. The final outcome was anti-biotic drops put in their drinking water for 5 days. By the time the clients returned they were all scratching up the garden as usual

I would like to draw your attention to the lovely garden around the swimming pool. Thank you Joan Ayres, a lovely time is so enjoyed by so many residents and visitors on a summer afternoon and evening. Joan Chapman please give all future instructions in writing or from the road, we do not want you sliding down that hill which you have developed so well to the west of your cottage.



A big thank you. Paula McLachlan, thank you for the lovely indigenous garden you have created between cottage 78 and the lane. It was great to see someone having a picnic lunch there. Thank you too for maintaining the Price Jones gardens, and thank you Wendy Jones who is helping you.

Happy gardening !!

Beth Lamb