

19

NOVEMBER  
2015

Merry Christmas

FORMOSA  
GARDEN  
VILLAGE

# Newsletter

Welcome to FGV  
Many new residents will shortly be taking up residency in their new sponsored cottages.

They are, Mr and Mrs. T Jager into cottage 108, Mrs J Steyn into cottage 122, Mr and Mrs D Russel into cottage 119 and Mrs R Mudd into cottage 5. Mrs. Mudd is the daughter of one of our residents, Mrs Mary Marais of cottage 77.

The 5 newly built cottages will also soon be occupied. Mr and Mrs N Gess to cottage 140, Mr and Mrs P Stratten to cottage 141, Mr and Mrs G Paterson to cottage 142, Mr and Mrs G Bass to cottage 143 and Mr and Mrs N Andrew to cottage 144.

We trust that as soon as they are moved and settled in, they will feel at home in our lovely Village.



## this issue

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## Message from the House Committee Chairman

Every year about this time we look forward to Christmas and its Spirit of Goodwill and Friendship. With much of the world experiencing violence and uncertainty, residents of FGV are indeed fortunate to have surroundings of Peace and Tranquility. This is a great help in our day to day living and is assured by the good management of our village.

Many thanks to our competent and experienced Finance Committee and dedicated Management team. Together with all other Committee members, we are able to control expenses to maintain levies at a reasonable level. Staff also make a huge contribution to the success of Formosa Garden Village.

With this assurance, we can look forward to the coming Festive Season.

I must also say a big thank you to Sandra and Pamela de vos Bonthuys for their huge contribution to this Newsletter.

Merry Christmas  
John Lamb



## FGV Transport

FGV Bus transportation runs every week day from 9.30 a.m. *Monday, Wednesday and Friday* drop off and pick up point is Melville Corner in town.

On *Tuesdays and Thursdays* drop off and pick up point is The Market Square (Pick & Pay).

We regret that we



cannot deviate from these routes.

Private Drivers can be requested, using **the resident's own** vehicle.

FGV Car & Driver is available on request only for Doctors/ Specialist visits.

Please note that we only do transport within Plettenberg Bay & Knysna.

An hourly rate is applicable and your account will be charged accordingly. Book drivers through **Sandra's office.**



## Happy Birthday wishes!

**We apologize for any omissions.**

During the next few months there are quite a number of our dear Octogenarians and Nonagenarians who will be celebrating their birthdays. Happy Birthday and many blessings to all of you.

### DECEMBER 2015

13th	Jessie Burnell	13th	Leslie Bergh
14th	Flo Schreuder	17th	Leslie Burnell
20th	Val Gardner	24th	Nancy Wilkinson
26th	Margaret Plater	27th	Joy Hansen
28th	Joan Stockdale	29th	John Duncan
30th	Nancy Russel	31st	Maggie Couper
31st	Chappie Chapman		

### JANUARY 2016

15th	Ann Holmes	18th	Francis Porlock
21st	Brenda Masterton	22nd	Jackie Bass
28th	Helen Rogers		

### FEBRUARY 2016

5th	Kathleen Petersen	5th	Mary Marais
6th	Aiden Buchholz	11th	Jean Rist
15th	Barry Stroebe	16th	Joanie Hutchinson
17th	Elaine Vosges	17th	Mala van Huyssteen
18th	Jackie Delport	20th	Edwin Courtenay
22nd	Nancy Stratten	23rd	Joy Williams
26th	Dixon Russel		

### MARCH 2016

4th	Elizabeth Rixom	7th	Mary Randon
12th	Godfrey Bass	13th	Oom Jan van Rooyen
14th	Rev. Andy Andersen	17th	Ailsa Mann
17th	Patrick Webb	18th	Betty Sleigh
21st	Edith Hartnell	22nd	Beryl Holliday
24th	Rosemary Davies	24th	Heather Karis
30th	Neville Isemonger		

# Happy Anniversary

Wishing you another wonderful year of marital bliss.

Happy wedding



Heartiest congratulations and many blessings to our bridal couples who will be celebrating their special day during the next few months. We wish you every joy for the future. Have a happy time remembering and reminiscing.

## DECEMBER 2015

Jean & Ivan Baker	13/12/1952	63 years
Flo & Dick Schreuder	14/12/1961	54 years

## JANUARY 2016

Heather & Don Ribbans	17/01/1970	45 years
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## FEBRUARY 2016

Joan & Chappie Chapman	06/02/1954	61 years
Jean & Cyril Rist	06/02/1947	68 years

## MARCH 2016

Jessie & Leslie Burnell	03/03/1951	64 years
Jenny & Aubrey Stevenson	14/03/1959	56 years
Jean & Bob Allen	18/03/1961	54 years

# Requiescat in Pace

It is with great sadness that we note the passing of the following residents. Our sincere condolences to their family and friends.



Ann Haig  
13 March 1938  
7 August 2015



Joyce Dickson  
3 May 1929  
22 Sept 2015

# New Social Bowls Club

On Friday, 30 November 2015, we will be starting a new Social Bowls Club outside on our Greens. We invite all residents to join us every Friday at 09h00 for this fun morning.

You never know, you might have a talent to bowl.

We will put out umbrellas so spectators can enjoy the game. Hoping that soon this will turn into a weekly fun event..

## Staff Matters

Ricardo Julies  
We welcome a new driver and gardener to the maintenance team. Ricardo has joined our team and **filled Frank's position** after he went on retirement.



Monica Nongwele  
We also welcome Monica to the Frail Care team who has taken up a position as a home help.

Welcome to you both.

## Christmas Mini Market

Our annual Christmas Mini Market will be held in the FGV lounge on Friday 04 December 2015, commencing at 8:30am.

Do invite your friends to join you in browsing the stalls and doing your early Christmas shopping.

Coffee/ Tea and mince pies will be served.



## Cocktail Party

The annual Cocktail Party is around the corner. If you have never attended one before, please diarise this date and come and join in the happy get-together of FGV residents.

The Executive Committee hosts this party and will soon be sending you an invitation to attend on Tuesday, 1 December 2015 at 18h00 for 18h30. Please book your attendance at the office before the 23 November 2015.



See you there.

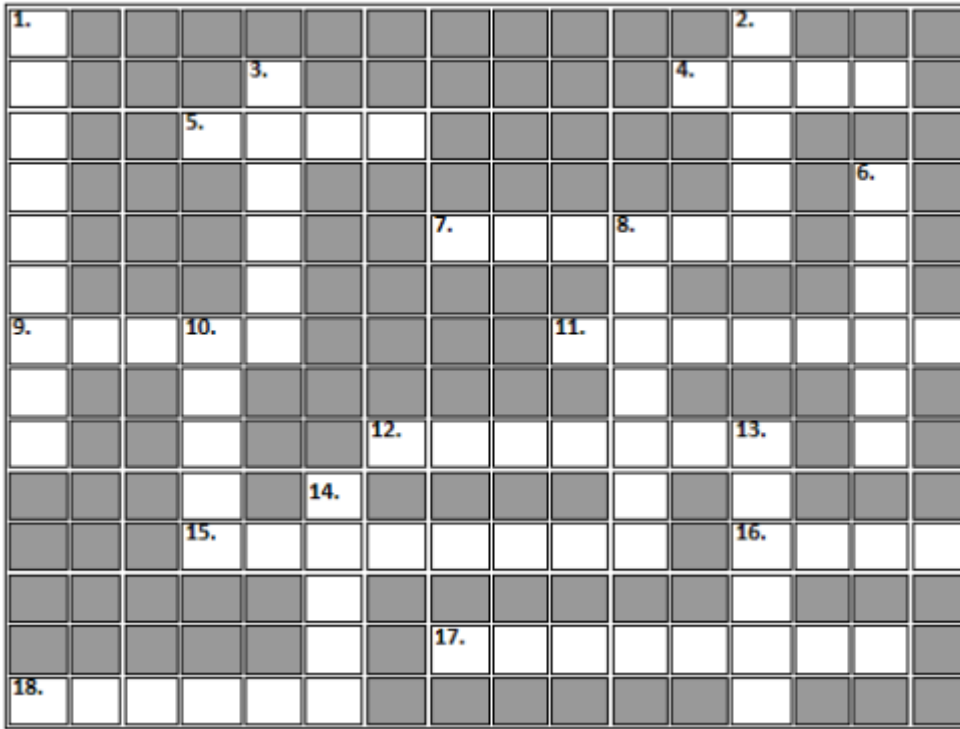


## Events Calendar at FGV

Formosa offers a variety of entertainment during the month for our residents and members.

- U3A: Mondays and Wednesdays at 10h00 (Lounge)  
U3A Film Club: Last Monday of the month at 18h15 (Lounge)  
Contact: Michael Lond - 044 533 0018
- Bridge: Mondays at 13h45 (Dining Room)  
Contact: Mrs. Jean Korck - 044 533 0340
- Digitone (Hearing aids): Every 2nd Tuesday at 09h30 (Riley Wing)  
Contact: Stephen - 079 337 0839
- Fellowship: Every Tuesday at 10h00 (Lounge)  
Contact: Lisa Ritchie - 044 533 3032
- Fun and Fitness: Tuesday at 15h30 and Thursday at 10h00 (Lounge)  
Contact: Marie Gibson - 082 820 4353
- Bingo: Every 2nd Tuesday at 18h30 (Dining Room)  
Contact: Rosemary Davies—Cottage 78 (4078)
- FGV Movie: Every 2nd Wednesday at 14h30 (Lounge)  
Contact: Mishca at Reception
- Bowls: Friday at 09h00 on the Greens Outside  
Contact: Rosemary Davies—Cottage 78 (4078)
- Make & Bake: Every Friday at 08h30 to 09h30 (Lounge / Foyer)  
Contact: Mrs. P Denman - Cottage 85 (4085)
- Catholic Mass: Every 1st Friday of the month (Small Dining Room)  
Contact: Mrs. M Wingate—Pearse (4002)
- Music Appreciation: 3rd Friday of the month at 15h30 (Lounge)  
Contact: Mrs. Pamela de vos Bonthuys-Cottage 80 (4080)
- Anglican Church Service: 4th Friday of the month at 09h30(Lounge)  
Contact: Mrs. Lynn Connell - Cottage 114 (4114)  
Rev. Erik Andersen—Cottage 93 (4093)
- Mah Jong : Every Friday of the month at 13h30(SDRM)  
Contact: Mrs. Amelia White - Cottage 56 (4056)
- Library : Open all day, every day for your enjoyment.

Please see the weekly and monthly calendar in the foyer for more info.



## Twelve Days of Christmas Crossword

### CROSS

- 4 Poultry (4)
- 5 There are seven in a week (4)
- 7 Number of days (6)
- 9 Ladies, eight in total (5)
- 11 What the ladies were doing (7)
- 12 There are five of them (7)
- 15 What the seven swans were doing (8)
- 16 A single true one (4)
- 17 Twelve in total (8)
- 18 Eleven of them (6)

### DOWN

- 1 The festive season (9)
- 2 Laying (5)
- 3 Nine ----- Dancing (6)
- 6 Hens from a European country (6)
- 8 What the lords were doing (7)
- 10 Just two of these (5)
- 13 Precious Rings (6)
- 14 Find them in a tree (5)

## Merry Christmas

Philip and Gerda along with FGV Staff would like to wish all residents a very Happy Christmas and a Wonderful New Year!

## Christmas Holidays



We would like to remind residents of the upcoming public holidays when the office will be closed.

15th December:  
Office closes at 13:00.  
The Annual Christmas Staff lunch will be held.

16th December:  
Office Closed.  
No Domestic, Gardeners or Bus services.

24th December:  
Office closes at 13:00  
for the festive season.

25th December:  
Office Closed.  
No Domestic, Gardeners or Bus services.

31st December:  
Office closes at 13:00  
for New Year.

4th January 2016:  
Office Re-opens

## Christmas Movie

Wednesday  
23 December @ 14:30  
in the Lounge.

### THE CHRISTMAS CANDLE

*Deep in the heart of the English countryside lies the enchanting village of Gladbury. Legend has it every 25 years an angel visits the village candle-maker and touches a single candle. Whoever lights this candle receives a miracle on Christmas Eve. But in 1890, at the dawn of the electric age, this centuries old legend may come to an end. When David Richmond (Hans Matheson), a progressive young minister, arrives in Gladbury, the villagers discover a new formula for miracles: good deeds and acts of kindness. While David's quest to modernize Gladbury sets him at odds with the old world candlemaker, he finds an unlikely ally in the lovely skeptic, Emily Barstow (Samantha Barks).*



Ikebana

## Portrait of a Lady

Our lovely Jen Mitchell is the epitome of an elegant lady. Even when she is knee-deep into flowers arranging or working on her floral art, one will find her beautifully groomed and attired with not one hair out of place.

Jen is a lady whose interest and talents are varied and many, and luckily for us, someone who shares her love of beauty and nature with all who meet and know her. From fine arts to ballet dancing, music, embroidery, floral art, gardening, bird watching, dendrology to sport. These are the things that have inspired and filled her life.

**Jen's parents were 1st generation South Africans whose folks were of good old-fashioned English & Scottish stock.** She was educated in Johannesburg, attending Jeppe Girls High whose Headgirl she became in 1948.

Her wonderful artistic nature was nurtured from childhood and she was already a very proficient ballet dancer at age 16 when she became a member of the Johannesburg/Pretoria City Ballet. Being only 16 her father decided that she was too young to travel overseas to further her studies and that she should have a career she could always use later in life.

In the meantime her parents had relocated to Salisbury, Rhodesia where Jen lived and worked for two years. Also many wonderful holidays were spent in Rhodesia.

When the time came to make a decision regarding her future, Jen decided to study Radiography at the Johannesburg General Hospital & lectures at Wits and qualified as a Therapeutic as well as a Diagnostic Radiographer. She still managed to attend ballet classes at the ballet company .



Bird watching

Regrettably when she married in 1953, that was the end of ballet dancing in Jen's life, although she has kept close contact with the ballet world in SA. It has certainly been a high light of her life and given her much joy.

Her marriage to Dr John Lawrie was a very happy one and produced two beautiful sons. Sadly, one of the sons died in a car accident in 1976 and shortly afterwards in 1978 Dr Lawrie passed away. While being widowed, Jen had to fall back on Radiography and decided to concentrate on the Diagnostic branch of the science.

In 1982 Brian Mitchell married our lovely Jen and for 32 years they shared much joy and happiness, living a full, busy and exciting life. Both were golfers. Jen became Lady Captain at Royal Jhb and at Princes Grant when they moved to the Stanger/Ballito area of the North Coast, Natal

**Jen's love of all things beautiful and of flowers in particular, led to an interest in flower arranging.** In 1989, Jen qualified as a South African Floral Art Judge, teacher and demonstrator, for many years **teaching "Western Style" flower arranging.** Her talents and work was so highly thought of that she judged Floral Art competitions across the length and breadth of SA and was then chosen to participate in International Flower Shows in Boston, USA; Toronto, Canada; Auckland, New Zealand, and South Africa. In 2005 she and her husband went to the World Floral Art Show in Japan

While living in Natal, an interest and love of Ikebana developed and grew in Jen. Ikebana is the Japanese art of flower arranging.

**Jen studied at the O'Hara School of Ikebana in Natal, continuing** after relocating to Plett in 2002 when she would drive to PE once a week to attend 2 lectures and drive home that same evening.

After much determination and hard work she qualified in 2005. She still teaches Ikebana and was chosen as Area Representative for the Garden Route and is now a 4<sup>th</sup> **Master of the O'Hara** school. She still attends seminars whenever a Japanese Professor comes to teach in South Africa

In 2003 the Mitchells moved into their beautiful home at Formosa, where Jen promptly laid out a lovely Japanese garden. Brian was Chairman of our Executive Committee for 4 years but sadly passed away in 2014. He was a fine Chairman who took his duties seriously, and is sorely missed.

**Jen is a very active "young" octogenarian who fills her life with beautiful things, interesting friends and a loving family with whom she maintains close contact.**

**As if all this isn't enough, Jen has started painting and is doing fabulously well.!** We wish her all the best for her future and would like to thank her for sharing her story with us.



Old World Beauty

## Thrift Shop

Thank you to all our regular supporters and also to everyone who donates their unwanted goods to our little Thrift Shop.

The money generated these last couple of months has been used to purchase and pay for a number of items which were not budgeted for. These include First Aid courses for appointed first aid staff members, new printed and laminated Bingo cards, Emergency Assembly point signs at Price Jones and Riley Wing, a donation to the visiting school choir, curtain tracks and Material for the RW dining room upgrade and round table tops for the Main dining room. For the library we bought a large print book and a new Return Book container.

Thank you for your support.



Christmas Lunch  
You are invited to join us for the Christmas Lunch on Christmas Day in the Dining room at 12h00.

R160.00 per person. Bookings essential as space is

limited. Booking closes on the 11 December 2015. Book at the office.



Lunch Bookings  
It is essential that bookings for weekly and Sunday Lunches be made in advance the day prior to the intended meal.

Residents are responsible for making their own bookings as phoning the office could result in names not being added to the lunch schedule as staff in the office tend to be occupied when calls are received. It is advisable that should you make a booking by phoning the office, that you make sure to confirm that your name has been added.



## Gratuity Box Staff Christmas

**“When you wish someone joy, you wish them peace, love, prosperity, happiness... all the good things.”**

– Maya Angelou

If you wish to give a staff member a financial gift for Christmas, we request that you **DO NOT** give to individuals as this causes unhappiness between members of staff. Instead place your donation in the locked gratuity box in the foyer.

This will ensure that all staff have a share in this bonus which is divided out in mid January when cash is usually in short supply. Beneficiaries are our gardeners, maintenance staff, domestics, laundry and kitchen ladies, carers and domestics in Riley Wing who all look forward to receiving this wonderful bonus during a very lean month.

There are small white envelopes at the reception to assist you in this regard. Thank you for your generosity.



## Future Newsletters

Do you have an interesting story to share? Did we omit your wedding anniversary or a special occasion? Then we would like to hear **about it. I'm inviting residents to submit interesting stories or suggest a story that I can add to future newsletters. Drop off your story or email for Sandra's attention to formosagardenvillage@gmail.com.**



## Operating Office Hours

We would like to remind residents of our office hours. Monday to Thursday the office is open from 08h00 to 17h00. Fridays we are open from 08h00 to 16h00. Office is closed on Saturdays, Sundays and all Public Holidays. Staff are on lunch between 13h00 and 14h00. Direct number for the Riley Wing is 044 533 2718.







FUN AND FITNESS CELEBRATES 25 YEARS

On Heritage day, the SASFA (South African Senior Fitness Association) also known as the Fun and Fitness ladies, celebrated their 25th Anniversary at Formosa Garden Village.

SASFA trainer, Linda Victor organised a very fun filled morning of exercise and dance for one and all. Two of the original



Mala &

members, Marie Monk and FGV resident, Mala van Huyssteen, were present to join in the momentous occasion. The Riley Wing choir entertained all with their beautiful singing and our kitchen prepared delicious treats.



The Riley Wing Choir

SASFA started with about only 4 members in the Riley Wing Lounge but over the years the numbers have grown and the venue was moved to the Main Lounge to accommodate the bigger crowd. They meet twice a week in the Lounge. If you have not joined yet and looking to get moving, give Fun and Fitness a try.

Fun and Fitness takes place on Tuesdays @ 15h30 and Thursdays @ 10h00. Contact the office for more information.

*Opportunities don't happen, you create them." --Chris Grosser*

## Residents Feedback Meeting



A Residents Feedback meeting is scheduled for Friday, 13 November 2015 and will be held in the Lounge at 14h00. Reminders will be sent out closer to the date. Please diarise this date.

## Interdenominational Church Service



An interdenominational Church Service will be held in our Lounge on Monday, 21 December at 09h30.

Everyone is most welcome to attend. This Christmas service is especially convenient for our residents who are unable to manage a visit to Church at this important time on the Christian Calendar.

Coffee/Tea and Mince pies will be served.

### Christmas Blessing

From home to home,  
and heart to heart,  
from one place to  
another.  
May the warmth and joy  
of Christmas,  
bring us closer to each  
other.

## Emergency Number \*\*2102

Did you know that the intercom phones can be used in times of emergency to call the Frail Care Staff? All that is required is to knock the phone off its cradle which will give off a signal in Riley Wing alerting the Sister to your need for assistance.



IN CASE OF AN EXTREME MEDICAL EMERGENCY OR A LIFE-THREATENING SITUATION, you may dial **\*\*2102** from your internal phone for assistance.

All other calls to the Riley Wing should continue to be done in the normal manner. Calls made to the emergency number that are NOT emergencies will invoke the payment of a fine.



## Dealing with Medical Aid Schemes

We would like to remind residents that FGV does not deal with Medical aid Companies and residents claim. It is the residents own responsibility to deal with their Medical aid.

You are personally responsible for settling your account. FGV can only assist with emailing or faxing your claim, but we do not handle phone calls or queries with Medical aids.

If you do not have a broker appointed to assist you with your claims, it is always a good idea to appoint one. Contact the Investment Shop in town for assistance.

*Insurance and Investment Shop  
Address: Upper Deck Building Street Level Marine Rd,  
Plettenberg Bay, 6600  
Phone:044 533 1245*

## Going away on Holiday?

We remind residents to PLEASE fill in a Going Away form at reception **even if it's only for 1 night**. **Supply all the information requested** on the form. Missing information will cause confusion with Riley Wing's morning checks as well as Domestic and Gardener schedules.

Close all windows and lock your doors. Please do not leave doors unlocked even if you are only going to town for an hour or so.

Remember if you have set meal bookings, please cancel it with the office or you might get charged.





## General FGV Information

DOGS: Please remember to keep your dog on a leash at all times. Tidy any dog fouling. We have received several complaints about dogs fouling lawns and not being cleaned by dog owners. People then end up walking it into their own homes. And please, folks, do not allow your dog to bark incessantly. Please be considerate if you are a pet owner.



CARD MACHINE: Remember that FGV has a Card Machine. It makes paying levies an absolute pleasure, so quick and easy.

Just remember to raise your daily spending limit to accommodate your levy.



## AVOID COMPUTER PHONE SCAMS

Cybercriminals don't just send fraudulent email messages and set up fake websites. They might also call you on the telephone and claim to be from Microsoft. They might offer to help solve your computer problems or sell you a software license.

Once they have access to your computer, they can do the following:

- ◆ Trick you into installing malicious software that could capture sensitive data, such as online banking user names and passwords. They might also then charge you to remove this software.
- ◆ Request credit card information so they can bill you for phony services. Never provide your credit card or financial information to someone claiming to be from Microsoft tech support.
- ◆ Convince you to visit legitimate websites to download software that will allow them to take control of your computer remotely.

Do not trust unsolicited calls. Do not provide any personal information.

Here are some of the organizations that cybercriminals claim to be from:

- Windows Helpdesk
- Windows Service Center
- Microsoft Tech Support
- Microsoft Support
- Windows Technical Department Support Group





## Twelve Days of Christmas Crossword Answer

C												G			
H			L									H	E	N	S
R			D	A	Y	S						E			
I			D									S		F	
S			I				T	W	E	L	V	E		R	
T			E									E			E
M	A	I	D	S						D	A	N	C	I	N
A			O									P			C
S			V				C	A	L	L	I	N	G		H
			E			B						N	O		
			S	W	I	M	M	I	N	G			L	O	V
						R							D		
						D									
						D	R	U	M	M	E	R	S		
P	I	P	E	R	S								N		

A Big Thank You  
for a  
Generous Gift

Mr. Derek Ritson,  
residing in  
cottage 79, has  
very kindly  
donated  
24 *Viburnum  
Sinensis* shrubs  
which have been  
planted down the  
road opposite the  
cottages on the  
east side of FGV.

This wonderful gift  
of well established  
plants and a gen-  
erous  
supply of  
compost for plant-  
ing, will  
enable them to  
grow into an  
attractive hedge  
which will help pro-  
vide privacy for  
those  
affected cottages.

